# **Cornell Cooperative Extension Schoharie and Otsego Counties**









OTSEGO COUNTY EDUCATION CENTER

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#### www.cceschoharie-otsego.org



Association Executive Director
Don Smyers



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JASON STONE

## **OUR MISSION**

Cornell Cooperative Extension puts knowledge to work in pursuit of economic vitality, ecological sustainability, and social well-being. We bring local experience and research-based solutions together, helping New York State families and communities thrive in our rapidly changing world.

EQUAL OPPORTUNITY Cornell Cooperative Extension actively supports equal educational and employment opportunities. No person shall be denied admission to any educational program or activity or be denied employment on the basis of any legally prohibited discrimination involving, but not limited to, such factors as race, color, religion, political beliefs, national or ethnic origin, sex, gender/gender identity, transgender status, sexual orientation, age, marital or family status, protected veterans, or individuals with disabilities. Cornell Cooperative Extension is committed to the maintenance of affirmative action programs that will assure the continuation of such equality of opportunity.

### LEARN MORE ABOUT US

To learn more about programs offered at Cornell Cooperative Extension Schoharie and Otsego Counties, visit our website, **www.cceschoharie-otsego.org**.

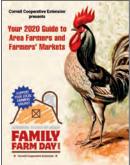
To learn more about the work and outcomes of the Association's two Cornell regional ag program teams, visit their websites:

Central New York Dairy, Livestock, and Field Crops Team: https://cnydfc.cce.cornell.edu Eastern New York Commercial Horticulture Team: https://enych.cce.cornell.edu

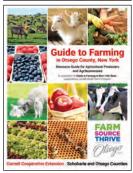
Or follow the links from our webpage, www.cceschoharie-otsego.org



To learn even more about us, read *Connections—the News Magazine of Cornell Cooperative Extension Schoharie and Otsego Counties*. Sign up for our free online newsletter at **http://cceschoharie-otsego.org/connections**. The articles are chosen to meet the broad interests of community residents. Printed copies are available at our offices.



CCE presents *Your 2020 Guide to Area Farmers and Farmers' Markets*. The guide provides readers with product listings and contact information for area farmers' markets and local farms, compliments of Family Farm Day 2020 at http://cceschoharie-otsego.org/resources/family-farm-day-2020-farm-list.



The Guide to Farming in Otsego County New York, a Resource Guide for Agricultural Producers and Agribusinesses, provides farmers, food producers and processors, and agribusinesses with contact information and brief descriptions of services provided by local, regional, and national organizations and agencies. Find the Guide online at http://cceschoharie-otsego.org/resources/guide-to-farming-in-otsego-county-new-york.



Your contribution can assist us in outreach and programs that help area families and communities thrive in our changing world. Donate online at http://cceschoharie-otsego.org/donate.

# FROM THE EXECUTIVE DIRECTOR

Cornell Cooperative Extension Schoharie and Otsego Counties www.cceschoharie-otsego.org Schoharie County 173 South Grand St., Suite 1 Cobleskill, NY 12043-4649 t. 518.234.4303/518.296.8310 f. 518.234.4305 Otsego County 123 Lake St. Cooperstown, NY 13326-1017 t. 607.547.2536 f. 607.547.5180 otsego@cornell.edu Oneonta Outreach Office 31 Maple St. Oneonta, NY 13820-1940 t. 607.433.2521 f. 607.436.9682

October 2020

#### Dear Friends of CCE:

This year has been like no other in recent history. Because of the pandemic, CCE embraced the emerging health crisis by providing timely and responsive programs while quickly mastering new technology for communicating with producers on their farms and families and youth in their homes. Association educators and those with the Central New York Dairy, Livestock, and Field Crops Team and the Eastern New York Commercial Horticulture Program have provided and will continue to provide ongoing assistance.

Learn about this year's programs and successes by reading this report, paying special attention to the inside section, "CCE's Key Responses to COVID-19."

Here are some highlights of our programs this year:

- Despite the pandemic, CCE Association staff and the Ag Teams have been active and engaged. There were no reductions in agricultural programs, and in fact, many programs were created to address specifics of food safety and safe and approved farm practices. Educators also provided guidance to producers for completing Payroll Protection Program applications, farm re-opening plans, and other timely requests.
- The Association and the Teams have utilized the expertise of the Cornell Institute for Food Safety, the Employment and Agricultural Workforce Development Team, and the Small Farm Resiliency staff, among others.
- With the county and state fairs having been rescheduled for next year, staff 4-H educators created the 4-H Virtual Showcase to recognize the efforts of 4-H'ers. The Showcase is not an alternative to a fair experience, but it provided a benchmark of accomplishments for youth, parents, leaders, and staff.
- While the Afterschool Program was halted when local schools closed in spring 2020, the program has reopened in both Schoharie and Cobleskill-Richmondville Schools this fall.
- The Expanded Food and Nutrition Education Program (EFNEP) and Healthy Connections Nutrition Program have continued. Program delivery was modified to accommodate the required social distancing by using virtual communications programs, such as Zoom.

It has been said, we are all in this together, and certainly we are. As we look forward to better times for our communities, CCE will be here for you.

Thank you for your support and interest in CCE during this challenging period. Should you have any questions, please contact me at either the Cobleskill or Cooperstown office.

Sincerely,

Don Smyers

**Association Executive Director** 

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## AGRICULTURE AND HORTICULTURE

# Keeping Food Safe, Producers Healthy



Since May of this pandemic year, CCE Schoharie and

Otsego Counties, along with other CCE associations statewide, has partnered with NYS Department of Agriculture & Markets to implement the NYS CLEAN initiative which provided hand sanitizer and face coverings at no cost to farms and agribusinesses, helping ensure clean, safe food production, harvesting, and distribution.

**Agriculture** 

Having little idea of how much sanitizer would be needed for the season, CCE's David Cox 'shot for the moon' and asked the NYS Department of Agriculture & Markets distributor, to fill the truck. Cox called on Jim Saddlemire, crop farmer and hay dealer, and his brother David to help once again with transport using his full-sized flatbed trailer as they had during the floods from Tropical Storms Irene and Lee.

Right on schedule, the Saddlemire brothers returned with twenty-six pallets of sanitizer, split between Northern Eagle Beverages in Oneonta and the Sunshine Fairgrounds in Cobleskill, both agreeing to house the sanitizer while CCE organized its distribution. Following a few weeks of advertised events for farm pick-up, Cox arranged for the remaining pallets to be available at ten area businesses around both counties for easier access.

This comment by an area farmer summed up the importance of this initiative well:

"We have been scrambling to find supplies, and are grateful that this opportunity will get products to farmers that will keep themselves and their customers safe."



CCE procured **4,500** gallons of sanitizer, **3000** (2.5 oz.) refillable bottles of sanitizer, and more than **6,000** face coverings to distribute free to farms, farmers' markets, schools, and camps. Our partner NYCAMH assisted with initial distribution of supplies.

Additional distribution sites and more information can be found at:

http://cceschoharie-otsego.org/events/2020/05/13/free-hand-sanitizer-and-face-coverings-for-farm-and-agribusiness-use

# FARM SOURCE THRIVE OTSEGO

### Grants Help Young Farm Owners Expand



Chicory Creek Farm began production in 2016 with organic produce and pasture-raised chickens and pork. The young farm owners targeted local markets with a plan to expand production capacity as their business grew.



After three years, they had built a loyal customer base, and now, demand for their products was outpacing their capacity to produce and package enough to meet expanding sales. It would require a substantial investment to expand their cold storage capacity and modernize the packing facilities so they could meet the produce safety standards required.

You can imagine their dilemma! They had customers but needed to find a way to meet demand. With the help of the Otsego County Planning Department through a Micro-enterprise grant and assistance from Cornell Cooperative Extension in qualifying for a NY Grown and Certified Food Safety grant, this young farm family was able to fund their expansion.

"Every day that we get to use a new piece of equipment or work in our new pack house we are grateful for the assistance we received from Otsego County and Cornell Cooperative Extension. Without these grants, it would have been much harder to expand production this year and find new markets with our GAP certification. Our efficiency has increased tenfold by having a functioning pack house that is much safer and cleaner than our previous set-up, and the tractor implements have dramatically improved our field production," said farmer Kate Rice-Mitchell.

Rural economies are dependent on a strong agricultural economy. Revenues generated through the local food system circulate repeatedly through rural communities, which provide a significant multiplier effect within the economy. Cornell Cooperative Extension is here to provide education, support and assistance to area farmers to help them succeed.



The *Guide to Farming in Otsego County* was developed as a complement to the Cornell Small Farms Program, *Guide to Farming in NY*. Our guide outlines **94 local, regional, and national resources for farmers** featuring an innovative cross-reference table to help users find the specific information and resources.

# CENTRAL NEW YORK DAIRY, LIVESTOCK, AND FIELD CROPS TEAM

# Team's Response from Farms to Pandemic



Dairy Livestock

Forges Gra

Cornell Cooperative Extension Central New York Dairy, Livestock & Field Crops

The Central New York Dairy, Livestock and Field Crops Team (CNYDLFC) was formed to work with these important agricultural sectors regionally. The mission of this extension team is to

provide high quality educational programs that address the needs of dairy, livestock, and field crop producers in Chenango, Fulton, Herkimer, Madison, Montgomery, Otsego, Saratoga, and Schoharie Counties. The team consists of a Dairy Specialist, a Livestock Specialist, and a Field Crops Specialist, led by a Farm Business Management Specialist, working throughout the eight-county region.

During this year, a full response to the COVID-19 pandemic was critically required. In response the team and the College of Agriculture and Life Sciences created many extensive resources. These links are active and found on their webpage at **https://cnydfc.cce.cornell.edu**:

- NY Extension Disaster Education Network
- Food Production, Processing & Safety Questions
- Employment & Agricultural Workforce Questions
- Cornell Small Farms Resiliency Resources
- Financial & Mental Health Resources for Farmers
- Cornell Farmworker Program
- www.trabajadores.cornell.edu (en espanol)

Educational programs were also conducted. They include the following programs:

- Onboarding Dairy Employees—Safe, Engaged, and Productive from Day One
- Building Resilience during COVID-19 Requires Diligence
- Resources for Farm Business Safety Plan
- Dialing into Your Best Dairy-Podcast Series
- PRO-DAIRY Offers Webinars and Podcasts
- Prevention & Control of the Novel Coronavirus for Farms
- Interim Guidance for Animal Care Operations
- Livestock Trainings Online
- Virtual: To Market, To Market
- Virtual: Design Your Succession Plan



The CNYDLFC team expands the technical expertise offered by the Association to agriculture producers and agribusinesses.

# EASTERN NEW YORK COMMERCIAL HORTICULTURE PROGRAM

# Partnership Provides Expertise

#### Cornell Cooperative Extension

Eastern NY Commercial Horticulture Program



The Eastern New York Commercial Horticulture Program is one of the premier regional agricultural Cornell Cooperative Extension programs in New York, serving a large multi-county area in the Champlain Valley, Capital

Region, and Hudson Valley of the state. The team's specialists work together with Cornell faculty and extension educators statewide to address the issues that impact the vegetable, tree fruit, small fruit, and grape industries.

The Eastern New York Commercial Horticulture Program provides educational programs and information to growers and agri-business professionals, arming them with the knowledge to produce profitably and market safe and healthful horticultural crops, contributing to the viability of farms and the economic well-being of New York State. Specifically, the program focuses on food safety, variety evaluation, market development, pest management, and cultural practices.

This year, the team responded to diverse challenges, COVID-19 assistance being the most critically sought by producers. Specific expertise was heightened to maintain the health of agricultural employees, safe handling of foods, and the integrity of the agricultural food system.

Program specialists continued to conduct research and educational programs on many important insects, diseases, and weeds in New York. On an ongoing basis they offered growers information and expertise on ways to improve their soil management, on using greenhouses to extend the growing season, and by working with organic farmers to determine their needs and offering alternatives to conventional production methods. By offering growers assistance with farm business management, labor relations, and marketing, they helped growers reduce the cost of doing business on the farm allowing this industry to expand.

Visit their website at https://enych.cce.cornell.edu and go to their events page to view resources like "U-Pick Farm Practices during COVID-19 Pandemic" and "Growers: Are You Running Low on Fall Pumpkins?"—a listing providing NYS Produce Auction locations and contact information. Listen to or read episodes of their informative 2020 Biweekly Vegetable News Podcasts. Check out upcoming events like The Eastern New York Fruit and Vegetable Conference, normally held in Albany, which will be presented virtually in 2021.



Covering topics that include pests, soil health, greenhouses and tunnels, organics, food safety, farm business, and COVID-19, the ENYCHP team partnership expands the expertise provided by the Association.

### COMMUNITY DEVELOPMENT

## Online Learning Answers the Need





Until 2004, Master Gardener Volunteer candidates from

Schoharie, Otsego, and surrounding counties attended training at CCE Saratoga Co. in Ballston Spa. At the time, we were drawing one or two new volunteers annually. Something had to change. So surrounding county CCE educators and Association Ag Educator, David Cox, developed a new comprehensive Master Gardener Volunteer Training program, so participants could train closer to their home community. Since then, training classes have averaged between fifteen and twenty trainees.

Fast forward to 2020. By January, CCE colleagues Carla Crim, Delaware Co.; Garet Livermore, Herkimer Co.; and David Cox had outlined the ninth Master Gardener Volunteer Training program for our region, held on ten consecutive Mondays, September 21–November 14, from 9:00 a.m. to 3:00 p.m., for fifty hours of required class time. To share the travel burden, they planned to host classes among three locations in Cooperstown, Cobleskill, and Hamden.

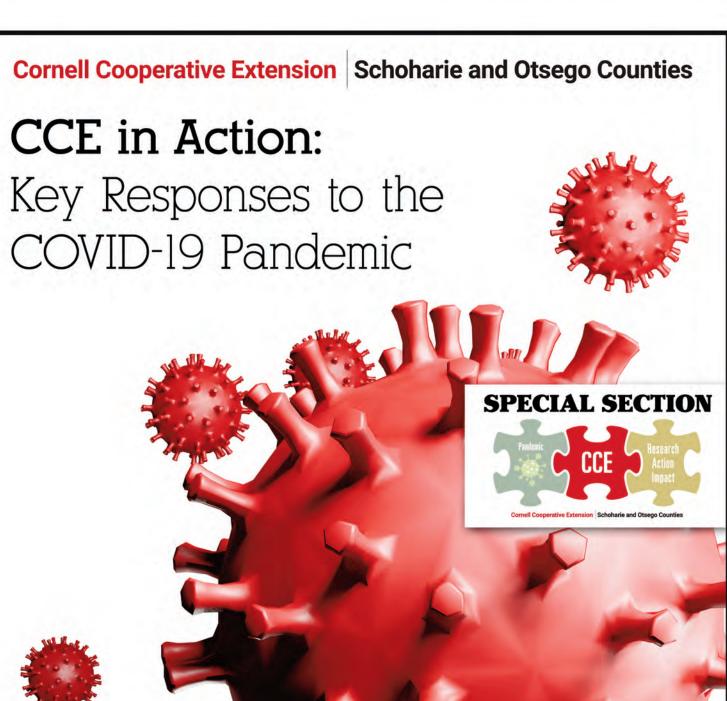
Soon after, everything changed. The pandemic safety mandates closed our offices and suspended programming temporarily. So they had to change delivery method yet again. The program shift to online training was inevitable and relatively simple—half the class time for twice as many sessions, running through March 15, 2021.

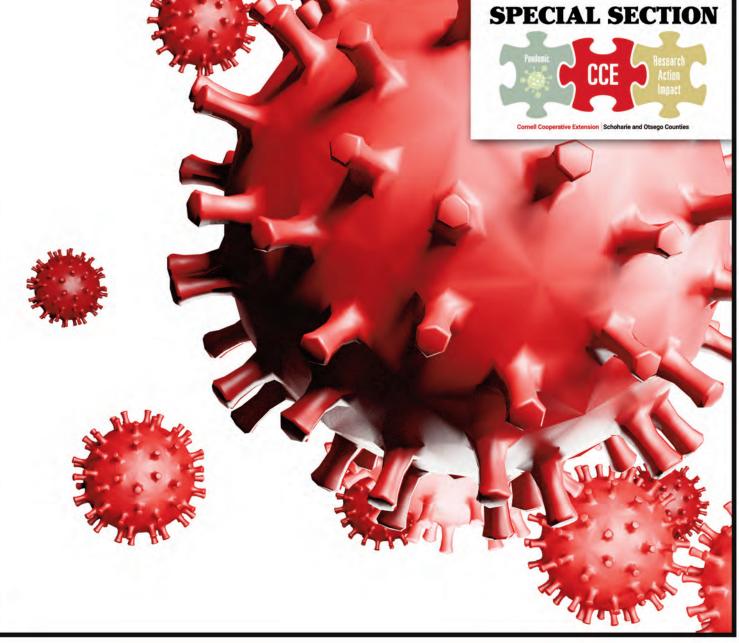
Surprisingly the enrollment grew to forty trainees, the largest class since 2004, and by an odd twist of fate, an unexpected positive outcome during the pandemic.

Scientific studies have concluded that access to nature is essential to human health and well-being. Our current Master Gardeners are helping people connect with nature by creating accessible gardens and gardening opportunities that also reignite one's connections with each other. What an enthusiastic boost this new class will bring to increase our Master Gardeners' capacity to engage our communities in need!



Upon course completion in the spring, this year's 40 Master Gardener trainees will become Master Gardener apprentices, who are expected to complete 50 hours of Master Gardener Volunteer service within a twelve-month period. The combined 2000 hours of volunteer service will benefit their communities as they join ranks with the over 23,000 Master Gardener Volunteers nationwide.





#### **Agriculture Program; Farm Source Thrive Otsego**

Initially, CCE Schoharie and Otsego Counties distributed 5,500 gallons of hand sanitizer, thousands of face coverings, and hundreds of 2 oz. bottles of hand sanitizer to area agribusinesses and farmers. With a







critical need to position agricultural producers for managing through the pandemic, Connections EXTRA was born under the direction of the ag staff. This digitally delivered digest directs

users to rapidly-changing information, educational programs, and online services—provided

through the Association's resources and connections with the Regional Cornell Ag Teams,

Photo by Jim Carrabba, NYCAMH

College of Agriculture and Life Sciences, Cornell Institute of Food Safety, and other state and federal resources.

During the early stages of the pandemic, the public was alarmed with the prospect of food shortages. CCE continued its development of What's Good, an online farmers' market, ensuring continued access to local foods. As the pandemic progressed, the cancellation of the annual Family Farm Day event inspired the ag staff to create the Guide to Area Farmers and Farmers' Markets, an online listing of local food producers.

#### **Central New York Dairy, Livestock,** and Field Crops Team

Supporting our local ag community, the CNYDLFC Team provided instruction and one-on-one guidance for farmers at a time when clear direction was needed. The team conducted numerous programs dealing with a variety of concerns including topics like safe harvesting, writing reopening plans for farms, applying for the federal Paycheck Protection Plan loans, and guidance for hosting essential workers from other states.

#### Cornell Cooperative Extension Central New York Dairy, Livestock & Field Crops









# **My 4-H Story**

In the words of a graduating 4-H n when life gives you lemons, make ride, because you'll never know wi

CCE provided st and technology, ena from home while continu and services to comm the early days o



## **Eastern New York Commercial Horticulture Program**



The ENYCHP Team staff used their expertise to create special programming to respond to the unique circumstances created by the pandemic. Team members informed producers on writing farm business safety plans, the testing of farm packing sheds for COVID-19, safely harvesting commercial horticulture crops, understanding the state guidance for farms to prevent or respond to COVID-19, and guidance for cleaning and disinfecting food manufacturing facilities and food retail stores.



CCE's pandemic response required a istrative staff has provided support a ing at home and in the office, making a stronger online presence with prod





nember, "No matter what, remember fair lemonade, and go along for the nat life has to bring you."

#### **Master Gardeners**





Association Master Gardeners stepped up to the plate. In Otsego County, Master Gardeners created a self-guided tour of their All-America Selections Garden and the vegetable variety trial plantings. In Schoharie County, Master Gardeners displayed examples of straw bale gardening. Both allowed their communities to learn more about self-reliant gardening, even during the pandemic.



# By Re

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## **EFNEP and Healthy-Connections**





One response by the nutrition staff was to create the *Life's Solutions* blog, filled with practical hands-on information for families, covering topics on how to deal with ingredient shortages like lack of yeast to using eggs as a protein



source when meat was scarce on market shelves. The nutrition staff also had to meet the challenge of converting the traditional in-person EFNEP program delivery to a workable online format.

# 9 Of



In all-hands-on-deck effort. Adminnd technical assistance while workg it possible for educators to provide ramming for our communities.

#### 4-H and 4-H Afterschool

4-H responded by developing online resources for projects, collaborating statewide with



to resume programs when regular classes begin.



other 4-H educators to provide online opportunities for 4-H events, and providing guidance for 4-H club meetings either online or in person following state protocols. When met with the challenges presented by the cancelation of county and state fairs, our 4-H educators created something entirely new, the *4-H Virtual Showcase* to highlight 4-H members yearlong project work. Our 4-H Afterschool Coordinator has been in constant communication with our local schools and is prepared

# **CCE** in Action!























## Here is how you can support CCE outreach:

Making a donation is as simple as going to cceschoharie-otsego.org and clicking this button:



Cornell Cooperative Extension Schoharie and Otsego Counties is a 501(c)(3) non-profit organization. Your contribution is tax deductible to the extent provided by law.

**Cornell Cooperative Extension** | Schoharie and Otsego Counties

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# EXPANDED FOOD AND NUTRITION EDUCATION PROGRAM

# Teachable Moments Lead the Way to Change



Do you know a picky eater? Are you a picky eater? This is the challenge Lacy's frustrated mom, Sally, faced daily when preparing healthy meals for her daughter.



When Sally signed them up for EFNEP's six-lesson Parent and Child Cooking classes, she hoped that it might make a difference for her daughter, giving her the confidence to try new things.

"Lacy is an extremely picky eater. She isn't really open to trying new foods, and I find the most trouble getting her to eat different vegetables."

At the second lesson, Lacy was asked, "What is your favorite vegetable?" She responded by saying, "I like fruits, but I don't really eat vegetables except corn." But when seeing her peers enjoying the Chicken Fried Rice made with carrots, green pepper, onion, and broccoli that they made in class, it emboldened Lacy to try it. Surprised at how good it was, she proceeded to finish her whole bowl.

By the third lesson, trying spinach, a new-to-her vegetable, was a piece of cake for Lacy. At the end of lesson five her mom had this to say, "This is the first time in my daughter's entire life that she is eating every meal that I make lately, and I think it's all due to our participating in these classes. This has been a great experience for her and me, and we appreciate it very much. Lacy has also been helping me prepare meals at home and really enjoys it."

Although we changed their names to provide anonymity, their story is true. The key to EFNEP's success is reaching people when they are at a teachable moment. When reached at their teachable moments both mother and daughter experienced significant positive changes as a result of their EFNEP lessons.



When **teachable moments** occurred, **EFNEP lessons** led to these **outcomes** for participants: **89**% showed *improvement in overall diet quality*, **82**% showed *improvements in food safety practices*, and **57**% are *eating more vegetables daily*, **adding to** the **42**% *who already were*.

# **HEALTHY CONNECTIONS**

#### Wait for It





The minute that middle school student,

Brody, walked into the classroom he didn't want to be in, he spied the green salad mix.

"I don't like salad; I'm not doing this," he stated strongly.

He promptly began his campaign by refusing the refreshing drink the rest of the class was sampling. Then he sat down, put his head on the desk, and refused to introduce himself. This was not a teachable moment for Brody.

His protest might have been successful if he had not made a tactical error—he forgot to plug his ears. Brody's teachable moment was about to begin. He heard the Healthy Connections Nutrition Educator say he could join in with the class at any time. It

advanced when he heard the excitement of his classmates talking about the food they were going to make. His head lifted off the desk. Once the preparation began, he fully engaged in a teachable moment.

Learning hands-on about knife safety during the food preparation, he said excitedly, "I never got to use a sharp knife before, but now I know how." Now ready to take a risk, he even tried the sparkler offered earlier, exclaiming, "I love it, I would drink this instead of soda!"

Sometimes we have to wait for change to take place. Brody had to hear it, then do it, then try it. Although Brody isn't his real name, his story is real, and so were the changes brought about for him as a result of this teachable moment—a new skill and an openness to try healthier alternatives.



The **Healthy Connections** nutrition education program was created to meet an audience not eligible for EFNEP. **Providing that more than 225 community residents,** who would otherwise not be served the opportunity to find **their own teachable moments,** created an ever-widening ripple effect when they share what they learned and the changes they made with family and friends.

# 4-H YOUTH DEVELOPMENT

#### The 4-H Virtual Showcase is Born



"Traditionally for 4-H'ers, fair week is an opportunity to exhibit their yearlong project work and show their project animals. It's also a time when 4-H'ers



make new friends, renew acquaintances, and enjoy what the fair offers, all the while creating lasting memories."

In March our world changed because of the pandemic, and while disruptive for everyone, the uncertainty was keenly felt by youth. But even while schools went to

online learning, graduation ceremonies were up in the air, and summer sports were canceled, there was still hope things would normalize. Consequently, in July when both the Schoharie and Otsego County Fairs were postponed until 2021, 4-H'ers deeply felt the loss of yet another tradition.

4-H educators and the organization at large felt that the loss could not be ignored. Alternate plans were sought. Following many discussions and conversations held statewide, a local plan was conceived. "Youth should be recognized for their efforts and they will be," said 4-H Educator, Catherine Roberts. With the collaboration between Association team members, educators, and board and committee members, the 2020 4-H Virtual Showcase was created.

"Our showcase is unlike the fair experience—not a substitute for it—but we've endeavored to create a memorable record for youth. We didn't want to lose an opportunity to celebrate youth accomplishments," concluded Roberts. "The abilities of our 4-H youth are truly amazing, and we are happy we can recognize them," said 4-H Educator Teresa Adell. "CCE of Schoharie and Otsego Counties is proud to have been able to provide a platform for 4-H'ers to showcase their achievements this year."

To create the Virtual Showcase, youth were asked to make at home a photo or video record of their projects. From the submissions, Catherine Roberts and Teresa Adell created a virtual story board featuring more than 130 projects completed by 4-H'ers in both counties. The Showcase will be available online for family, friends, and the community to view. "It's a bit of celebration and recognition of the year," said Teresa Adell, "and we're confident that youth and their families will treasure the Showcase." Digital copies of the Showcase will be given to all 4-H'ers showing.



More than 500 youth in Schoharie and Otsego Counties 4-H Programs are registered in over 70 Project Areas running the gambit from Animal Science and Horticulture to Robotics and Environmental Sciences, and everything in between!

## Their Words Describe the Impact



"4-H has taught me communications skills, the importance of community service . . . and, most importantly, leadership skills," writes Makayla Ryder, a recent alumnus of



the Schoharie County 4-H program. Makayla shares her story in the *My 4-H Story* column of the September–October *Connections*, the news magazine of CCE Schoharie and Otsego Counties.

4-H is a unique non-formal education program for youth, ages 5 to 19, that engages youth in learning by doing. Few organizations can boast the influence on positive life skills that Cornell Cooperative Extension's 4-H program can.

The *My 4-H Story* column in *Connections* is a voice of adult 4-H alumni who share stories of their 4-H years. Enjoy these short excerpts from select articles published in recent months.

"I am sure the experience of being immersed in a structured group of like-minded adolescents, led by compassionate, nurturing leaders helped develop a variety of personal and social skills, especially finding the self-confidence that was buried deep within me. The experience helped shape who I am today . . . "Kristin Pullyblank, CCE Board Member (March/April 2020)

"Early exposure and experience with public speaking has been very beneficial with my work and volunteer activities . . . being a leader . . . becoming Board President. It feels like I am really giving back to the family that gave so much to me. So, my message to all 4-H members and alumni is to continue paying it forward because it truly does come back tenfold." Jason Stone, CCE Board President (May/June 2020)

"I have obtained certain skills that started in 4-H that have helped me excel through life and certain interests that have brought me to where I am today. I have lived it. I know what 4-H is capable of doing for a child..." Catherine Roberts, 4-H Educator (July/August 2020)



Did you grow up as 4-H'er, and would like to share how 4-H influenced your life? We invite you to share your **My 4-H Life** story in an upcoming issue. Contact Jan Ryder, Associate Editor, by emailing her at jrc28@cornell.edu or by calling 518-234-4303.

# 4-H AFTERSCHOOL PROGRAM

# Pictures Tell a 4-H Afterschool Story





CCE has operated 4-H afterschool

programs in Schoharie County for nearly twenty years, providing a safe place for children after school, homework helper for academic support, physical activities for exercise and fun, cooperative games for interpersonal skills, and 4-H in-school clubs for personal growth.

The afterschool program continues this year, although the program has operated under difficult challenges during the pandemic. The Afterschool Program is fully licensed and operates under the supervision of NYS Dept. of Children and Family Services.

For this year's annual report, we are sharing a pictorial perspective. Please enjoy this montage of photographs that tell a 4-H Afterschool story.





## COMMITED VOLUNTEERS

Thank you all for saying yes to making a difference. Your time, talents, and dedication enable us to offer more to the communities we serve. You have our appreciation. Our board and advisory committee members are listed in a separate section. If we have missed your name, please know we value your effort, as well.

#### **Master Gardeners Schoharie**

Debra Bechtold Carol Bodnar Elizabeth Brown Susan Carver Michele Finin Pamela Hart Suzann Kipp Dolores Kloczko Margo Kyes Diane Mills Scott Mills Leslie Rigley

**Master Gardeners Otsego** Ellen Alex Susan Blass Mark Boshnack Chris Burrington Mary Ellen Calta Peter Coleman Mary Ellen Crawford Fiona Dejardin Dianne Dirig Tim Feury Pati Grady Susan Jones Kathy Koch Ellen LaSalle Kim L'Heureux Annette MacLeod Robert McCann Christine McGurrin Susanna Membrino Paul Mendelsohn Elaine Nahman

Francine Stayter **Betsy Sywetz** 

#### 4-H Schoharie

Colleen Badger Jessica Barrett Cori Bissonette Sarah Blood Bettina Brundege Kathryn Bulka Paige Bulmer Jessica Butler **Tiffany Canning Taylor Cater** 

Isabelle Charbonnel Jennifer Conard **Kelly Coons Shelby Coons** Sarah Davis Michelle Echtner Carrie Edsall Kelly Edsall Sandra Emanuel Andrea Falco

Gwendolyn Freiermuht

Mark Fletcher

Laura Gagnon Liz Goblet-Schubert Elizabeth Hackney Charles Harris **Faye Harris** Julie Herzog Sarah Hoose Jonathan Kaya Theresa Kaya

JoAnne King

Randi Korona

Lisa Kuehnle Amber Lape Lynette Lawyer Crystal Liddle Stephanie Lincoln Sarah Lloyd Rebecca Louch

Meghan Mazzariello Jennifer McGurn Joe Moore

Kerry Moreland Lacy Parrish Julia Phillips Hannah Pizza Rachel Pollard

Stacey Price Tammy Reagan Cheryl Rechnitzer Jennifer Rogers Michael Rogers Brionna Ryder

Jan Ryder Susan Salisbury Karen Schaffer Rebecca Shaw

John Shaw Jr.

Connie Ryder

Brianne Slater Patrick Slavinski Kimberly Smith Melinda Smith Beth Spaulding Eric Stanton

Michele Strobeck Amy Sulas

Jennifer Swift

**Tammy Tansey** Cynthia Traverse Phyllis VanAmburgh John Vanderwerken Jacob VanEvera

Lydia VanEvera Teresa VanWormer

Jennifer Walrath Ben Weikert

Rebecca Whiteman

Kelly Yacobucci Julie Yorks Kory Yorks Darlene Zurek

#### 4-H Otsego

Julie Adelmann Carol Ainslie Dayle Allen Karen Andela Janet Attanasio John Attanasio June Baker

Rebecca Barringer

Beth Bartlett Jonathan Bartlett

Danta Bolin

Greg Bonczkowski Sandra Bonczkowski Jennifer Burkhart Rudolph Burkhart Kelly Cleaveland Jeff Conklin Stacie Connors

Hydie Cotten Krista Curpier Anna Dangca

Carol Phelps

Jessica DeBoer Jessica Hausmann Lisa Lippitt **Meg Preston** Michael DeBoer Lisa Johnson Dave McLean Amy Proskine Nancy Johnson Stephanie Decker Sarah Mellor Holly Pullis Luke DenBleyker Kathryn Johnston Susan Menendez **Doug Roberts** Jennifer Dibble Lynn Joy Eugene Miller Kathy Scalisi Amy Doody Shirley Keene Hannah Miller Bethany Schidzick Debra Dutcher Desiree Keever Hope Miller Kevin Segit **Doug Dutcher** Mary Kay Kennedy Jodi Mravlja Bridgette Shepardson April Erkson Jennifer Kersmanc Kristine Mravlja Sue Smith Nicole Field Richard Kersmanc Peter Mravlja Jaclyn Turnbull Celine Francisco Deborah Kogut Sandra Mravlja Tammy VanBuren-Duke Katie Gale Diane Kroon Michael Nelson Lenita VanderKruik Kay Gale Lawrence Kroon Virginia Nelson Nicole VanDerwerker Cathy Galley Lisa LaLonde Mary Lou Parker April Vunk Sonja Galley Lori Peck Christina Layman MacKenzie Waro Joshua George Nancy Layton Aurore Perrine Mike Wolfe Naomi Graham Elizabeth Lesko **Christopher Perrine** Pam Woodrow Mark Grocott Sophia Lesko Holly Peterson Sharla Woodrow Brenda Gross Barbara Lilley **Cindy Powers** William Woodward Jessica Hart Iver Lindberg Jessica Powers

## **OUR GENEROUS SUPPORTERS**

We appreciate your generosity. Your contributions help us keep our programs in action. Thank you making a difference in our communities!

Amazonsmile The Hudson River Tractor Co.

Bank of Cooperstown Gregory Northway
Bank of Richmondville Julie Santoro

Cobleskill Veterinary Clinic Schoharie County Home of Ongoing Learning

Community Bank of Cobleskill Schoharie Valley Farm

Community Bank of Cooperstown John Scott
Dake Family Fund Bruce Smith

Farm Credit East Sterling Insurance Co.
Fenimore Asset Management Stewart's Foundation
Five Counties Charity Fund Tractor Supply Company
Michele Finn Elsa Van Glad-Varrecchia

Mark Fitzgerald Katherine Venette

Judy Hoffman Wayne Bank

#### 2020 STAFF AND REGIONAL TEAMS

#### **Administrative and Educator Staff**

Teresa Adell, Otsego 4-H Subject Educator

Lauren Anderson, Finance & Human Resources Administrative Assistant

Colleen Badger, 4-H Administrative Assistant

James Barber, Otsego Ag Implementation Specialist

David Cox, Agriculture and Horticulture Program Leader

Kimberly Ferstler, Healthy Connections Program Educator

Robin Henson, Administrative Assistant

Michelle Leveski, EFNEP Nutrition Program Educator

Mayra Richter, Finance & Human Resources Manager

Catherine Roberts, Schoharie 4-H Resource Educator

Jan Ryder, Connections Associate Editor

Susan Salisbury, Afterschool Program Coordinator

Madelyn Sanchez, Operations Coordinator, Cooperstown office

Linda Sheets, Facilities Custodian

Don Smyers, Executive Director

#### **Afterschool On-Site Activity Leaders**

David Avitabile, Schoharie

Megan Haugh, Radez Elementary, CRCS

Sarah Hendrickson, Senior Leader, Schoharie

Serena Hitchcock, Senior Leader, Ryder Elementary, CRCS

Doreen Russo, Ryder Elementary, CRCS

#### CNY Dairy, Livestock, and Field Crops Team

David Balbian, Area Dairy Specialist

Ashley McFarland, Area Livestock Specialist

Erik Smith, Area Field Crops Specialist

Nicole Tommell, Area Ag Business Management Specialist

#### **Eastern NY Commercial Horticulture Program**

Mike Basedow, Tree Fruit Specialist

Charles Bornt, Team Leader, Vegetable Specialist

Dan Donahue, Tree Fruit Specialist

Sarah Elone, Field Technician - Hudson Valley Region

Natasha Field, Field Technician - Capital Region

Andy Galimberti, Field Technician - Champlain Region

Ethan Grundberg, Vegetable Specialist

Elizabeth Higgins, Business Management Specialist

Elisabeth Hodgdon, Vegetable Specialist

Laura McDermott, Team Leader, Small Fruit & Vegetable Specialist

Jim Myers, Viticulture Specialist

Teresa Rusinek, Vegetable Specialist

Crystal Stewart-Courtens, Vegetable Specialist

Chelsea Truehart, Senior Administrative Assistant

Maire Ullrich, Vegetable Specialist

# **ASSOCIATION FUNDING**

Cornell Cooperative Extension of Schoharie and Otsego Counties is financially supported by county, state, and federal funds. This cooperative funding partnership links local residents and communities to Cornell University and the nationwide land-grant university system of research and education. Our core governmental funding is augmented with grants, contracts, program fees, and private contributions. Following is an estimate of the financial support received between 10/01/19 through 09/30/20.

County	
Funding Appropriation	464,780
County Contracts	29,792
Total County Support	494,572
State	
County Law 224 Funds	99,336
NYS Ag & Markets	6,547
Direct Aid, University Resources, Fringe Benefits	333,562
Total State Support	439,445
Federal	
Smith-Lever	31,998
EFNEP (nutrition education program)	48,744
CACFP (free & reduced reimbursements)	4,245
Total Federal Support	84,987
Other Sources	
Program Participation Fees	124,697
Grants, Contracts, Special Projects	41,92€
Contributions, Fundraising	25,570
Interest Income, Rental Income, Misc Income	35,467
Total Other Sources of Support	227,660
Total Support to Association	\$1,246,665
Other 18%	County 40%
	County 40%
Federal 7%	
N. P. A. Phy	

#### **Funding Source Definitions:**

**County Appropriations** – represent funds from Schoharie and Otsego Counties to support the work of the association. **Direct Aid** – represents fringe benefits paid on behalf of the association through Cornell University.

**Federal Smith-Lever Funds** – support through the federal enabling legislation for Cooperative Extension, administered by state land-grant institutions.

County Law 224 Funds – represent legislative support from NYS for operation of county cooperative extension associations.

State 35%

# **Cornell Cooperative Extension Schoharie and Otsego Counties**

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