



CORNELL COOPERATIVE EXTENSION OF OTSEGO COUNTY

October 2019



## National 4-H Week

4-H Ambassadors receive the Proclamation of National 4-H Week at the Otsego County Board of Representatives



Back (l-r) Jon Bartlett; Dave Bliss, Board Chair; Patti Zellmer; Gary Koutnik, Vice Chair Middle: Beth Bartlett, Hanna Austin, Tanner Griffin Front: Hazel Lippitt with the Proclamation. See story on page 4

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# 4-H GROWS HERE

4-H helps youth grow into competent, caring, contributing members of society.

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Schoharie & Otsego Counties  
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**4-H Youth Development Mission Statement**

The mission of Cornell Cooperative Extension 4-H Youth Development is to build youth adult partnerships to enable youth to become fully engaged in their learning process. New York State 4-H is a leader in enabling youth to develop the knowledge, skills, attitudes, and abilities to become productive citizens and is a catalyst for positive change to meet the needs of a diverse and changing society.

**Through 4-H Youth Development, youth will:**

- Practice effective problem-solving and decision-making skills
- Possess positive work attitudes and skills
- Value diversity
- Accept community and social responsibility
- Contribute to positive relationships with families, peers and community
- Demonstrate communication and leadership skills
- Value lifelong learning



**Cornell Cooperative Extension values**

- 4-H Youth development as the focus of all youth development activities
- Partnerships for supporting, conducting and extending the program
- Volunteerism as a cornerstone of the program
- Diversity and the strengths it brings to Cornell Cooperative Extension programs



***It's Paper Clover Time at Tractor Supply  
October 9 to 20!***

Each spring and fall, Tractor Supply helps raise money for 4-H programs through the sale of Paper Clovers in their stores. Dates for the fall campaign are Oct. 9-20.

**Thank You** to our local **Oneonta Tractor Supply**. **\$1,462.05** was raised at Tractor Supply during the 2018 promotion! The Otsego County 4-H Program used these funds to help support local programs in 2019. Scholarships were provided for 4-H Capital Days, Career Explorations, Agribusiness Conference, STARR and Animal Crackers

Your 4-H club is invited to visit the Oneonta Tractor Supply with a club display or demonstration during paper clover time. Please let the 4-H office know if your club would like to book a time. It's a great way to celebrate National 4-H Week!



Join us on  
**Facebook**

<https://www.facebook.com/otsegocounty4H>



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# 4-H Calendar Events 2018 - 2019



## OCTOBER

- 1 New 4-H Year begins
- 1 Individual 4-H Awards, Leader Recommendation, due to the 4-H Office
- 6-12 National 4-H Week, National Science Day
- 6 4-H Alum Potluck
- 8-10 State 4-H Educators Conference, Saratoga County
- 9-20 4-H Paper Clovers, Tractor Supply, Oneonta
- 14 Columbus Day Observed, CCE Offices closed
- 17-18 Agribusiness Career Conference, SUNY Cobleskill
- 17 & 22 New 4-H Leader Training, 6:30 p.m. Cooperstown
- 23 Annual Dinner, Justine's Restaurant, Cobleskill

## NOVEMBER

- 3-8 National 4-H Agents Conference, White Sulphur Springs, WV
- 9 4-H Auction Orientation, 9 - 11 a.m., Milford Central School
- 12 Veteran's Day Observed, CCE offices closed
- 13 4-H Issue Committees, 7 p.m., Milford Central School
- 15 4-H Officer Training, Clark Sports Center, 6 p.m.
- 28 & 29 Thanksgiving Holiday, CCE offices closed

## DECEMBER

- 14 Candlelight at The Farmers' Museum
- 24 & 25 Christmas Holiday, CCE Offices closed

## JANUARY

2020

- 11 4-H Public Presentation Workshop
- 20 Martin Luther Kings' Day observed, CCE Offices closed
- 25 4-H Leaders' Lunch, Brooks' BBQ, 11:30 - 1:30 p.m.

MARK YOUR  
CALENDAR!

### **WELCOME TO THE 2019-2020 4-H YEAR**

We hope that you are ready to another exciting year!

Please remember that all youth members and volunteers are **REQUIRED** to enroll or re-enroll for the new 4-H year.

If this is your first year, please contact the 4-H office with any questions.

***Deadline is DECEMBER 31!***

***Plan accordingly, the 4-H office will be closed January 1.***

***Leaders PLEASE send your club enrollments asap!***

# 4-H Otsego County

## 4-H Camp Shankitunk!

Camp is more than a week in the woods. New friends and new skills create memories and new purposes. Time at camp builds an appreciation of nature and out-of-doors.



4-H CAMP  
**SHANKITUNK**

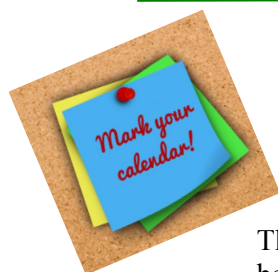
CONGRATULATIONS to 4-H campers receiving a Parisian campership in 2019! Leah Cotton, Josh Nelson, Arya Patel, Winnie Shepherdson, Anya Sloth, and Sasha Sloth

Watch for 2020 4-H Camp scholarships in the March POY.

NOTE: Andrew Lentner is an Otsego County 4-H Counselor at 4-H Camp Shankitunk!!

This summer 4-H campers had fun exploring nature, cooking, and camping in the great outdoors. Besides meeting new friends and being outdoors, 4-H Camp offers MANY skills:

Swimming ~ Arts and Crafts ~ Archery ~ Science ~ Nature ~ Photography ~ Drama ~ Camp Newspaper ~ Woodworking ~ Rocketry ~ Fishing ~ Geocaching ~ Living History ~ Team Challenge ~ Backpacking ~ Backyard Cookery ~ Sports and Recreation...



## ***Insectapalooza 2019*** ***Saturday, October 19, 9 a.m. to 3 p.m.*** ***Cornell University***

This year's event will be held at Cornell University's, Comstock Hall. Come see the bizarre, bad, and beneficial of the insect world!

The annual, one-day insect fair is hosted by the Department of Entomology at Cornell University. Insectapalooza is an interactive, hands-on experience that features hundreds of live insects, spiders, and other fascinating arthropods. Popular favorites include the live Butterfly Room and Arthropod Zoo. The cost of entry is \$3 per person, children 3-years old and under are free. For more details visit: <http://entomology.cals.cornell.edu/news-events/insectapalooza/>



National 4-H Week is October 6-12. Take advantage of this important week to highlight the remarkable 4-H youth in your communities and showcase the incredible experiences that 4-H offers young people.

The Otsego County Board of Representatives celebrated with us by signing a Proclamation for National 4-H Week on Wednesday, October 2.

4-H Ambassadors speaking to the Representatives and receiving the Proclamation were: 4-H Adult Volunteers Jon & Beth Bartlett; 4-H members Hanna Austin & Tanner Griffin from the Homesteaders 4-H Club and Hazel Lippitt, from the Glimmerglass Explorers received the Proclamation from David Bliss, Board Chair and Gary Koutnik, Vice Chair.





# **4-H Otsego County**

## **CLUB NEWS**

### **Sunset Riders 4-H Club Members**



**Springfield High Meadows 4-H Club** reports in their September meeting they held their annual reorganization meeting. Discussed activities for the coming year and then they decorated mini pumpkins for National 4-H Week.

## **4-H Issue Committees**

Otsego County is fortunate to have Issue Committees that work with Extension staff, to address key Cornell Cooperative Extension 4-H Youth Development priorities.

Committees help:

Address and integrate state-wide 4-H issues into an overall local plan of action.

Identify and analyze critical issues confronting youth and families.

Identify target audiences for 4-H Youth Development programs.

Identify strategies (educational events, curriculum, etc.) to deliver programs to various audiences.

Develop, implement, and evaluate programs.

Review available educational resources regarding their usefulness.

Maintain effective links between the issue committee and Extension staff.

Current Issue Committees in Otsego County:

Auction	Earn-an-Animal
Consumer Science	Horse
Dairy	Livestock
Dog	

**November 13, 7 p.m.**, at the Milford Central School is the next meeting date of the following Committees:

Consumer Science, Dairy, Horse, and Livestock.

Are you interested in being a member of one of these committees?  
Contact the 4-H Office.



## **Contact Us**

# **4-H Otsego County**

## **Recipes from Pasta Power, Jr. 4-H Chef Contest Otsego County Fair**

### **Strawberry Chicken Pasta Salad**

#### **For Salad**

3-4 cups of cooked pasta  
6-8-oz cooked chicken  
1-3 cups of your favorite cold vegetables  
1 cup fresh strawberries  
Desired nuts or seeds

#### **For Dressing**

16-oz frozen strawberries (thawed)  
6 Tbsp. lemon juice  
1/4 cup Sugar  
2 Tbsp. cider vinegar  
2 Tbsp. Oil

#### **Directions**

In a large bowl, toss the salad ingredients together.  
Process frozen strawberries in a blender until pureed.  
Add lemon juice and sugar to pureed mixture. Blend well.  
Add in cider vinegar and oil while blending fruit.  
Pour dressing over pasta to coat completely.

#### **Notes**

The dressing recipe makes 2 1/2 cups, so you may want to use discretion and smaller portions of the dressing to suit your taste. Keep leftovers in the refrigerator



### **Tomato Pesto Pasta Salad**

#### **Ingredients**

4 1/8 cups Greek yogurt  
3/4 cup water  
2 Large tomatoes diced  
2 lbs. of cooked Fusilli pasta  
2 Cups homemade pesto  
8 oz. mozzarella cheese

#### **For Pesto**

2 cups basil  
3/4 cup Parmesan cheese  
1/2 Cup Sunflower seeds  
3/4 cup Olive oil  
3 cloves of garlic  
1 Tsp. salt  
1 Tbsp. honey



### **Macaroni Salad**

#### **Ingredients:**

1lb macaroni  
mayonnaise (to taste)  
1/8 cup onion  
2 cups cucumber

2 stalks celery  
2 cups tomatoes  
1/4 cup peeled carrots

#### **Spices:**

A pinch of Celery Salt, Onion and Garlic Powder, Parsley, Salt and Pepper

Prepare: Dice all the vegetables and then added the spices

### **New 4-H Leader Training Dates**

Know a friend or neighbor interested in starting a new 4-H Club?

Invite them to attend the 4-H New Leader Training! This is a two part training, both sessions are needed to be a registered 4-H Leader.

**Cooperstown** - Thursday, October 17, 6:30 – 8:30 p.m.  
Tuesday, October 22, 6:30 – 8:30 p.m.

Registration is REQUIRED, on or before **October 15**. Crock pot soup will be served at 6 p.m.

# *Otsego County*

## **4-H Shooting Sports**

This program is available to anyone or any group that would be interested in 4-H Shooting Sports. If you are interested or have experience in Camping, Cooking, or Plant Wild Life ID, please contact the 4-H office at 607-547-2536 or email [psz2@cornell.edu](mailto:psz2@cornell.edu).

## **Science Sampler**

EXPLORE the Cornell Campus and Science  
November 2, 10:30 am. - 5 p.m.  
Cornell University

For youth in grades 5th - 8th. The cost is \$5. A boxed lunch will be provided.

The day begins at 10:30 am and ends at 5 pm.

Youth choose (3) of the following workshops: Soil Painting, Coding with Scratch and More, Wearable Electronics, Social Media Test Drive, and/or Outdoor Cooking.

Otsego youth are welcome to ride in the Schoharie van. First come, first served!

Detailed travel plans shared with paid reservations. **Registration Deadline October 18**

## **Why 4-H Officer Training?**

As citizens we have responsibilities to make the democratic system work by becoming involved, obeying the laws, and being concerned for the rights of other people. This requires LEADERSHIP – that is, individuals and groups willing to make democracy work by being actively involved in issues and supporting candidates and programs that benefit the citizens of the country.

As the Director the 4-H program of Cornell Cooperative Extension Otsego County, I want to see youth become leaders. It is my responsibility to provide opportunities for youth to be active and engaged citizens. Being an officer in a 4-H Club is just the beginning of civic engagement!

A 4-H club is an excellent example of how a democratic system works in a group where youth – 4-H members – have the opportunity to learn about democratic principles and to practice leadership skills. 4-H members in a 4-H Club learn to how to have elections, present ideas, vote and help put their ideas into action.

## **4-H Officer Training 2020** **NEW VENUE & FORMAT** Friday, November 15, 5:45 p.m. Clark Sports Center, Cooperstown

Evening includes pizza, training, and fun at the Clark Sports Center.

RSVP's are REQUIRED in order to provide pizza and make arrangements at the Sports Center.

For clubs and individuals. Registration form is on page 11 or at the online event registration site

<https://reg.cce.cornell.edu/4-H-Officer-Training-2> 243

# County Fair

## Horse Grand Champions

### Gymkhana

Bryton Bice	Champion
Julia Vunk	Reserve

### Cloverbud

Ella Field	Cloverbud
Emma Smith	CB Leadline

### Walk/Trot/Canter

Carly Layman	Champion
Julia Vunk	Reserve

### Hunt Seat

### Walk/Trot

Dakota Hitt	Champion
Julia Vunk	Reserve

### Walk/Trot/Canter

Lilly Cleaveland	Champion
------------------	----------

### Western

### Walk/Jog

Bryton Bice	Champion
Julia Vunk	Reserve

### Cloverbud

Ella Field	Cloverbud
Emma South	CB Leadline

### Walk/ Jog/Lope

Lilly Cleaveland	Champion
Carly Layman	Reserve



## Dairy Promotion

Now that the fair is over and you're back in school, do you miss talking about cows, milk, and all things dairy? Then join the Otsego County Dairy Promotion Team! The Otsego County Dairy Promotion Program is geared toward young ladies and young gentlemen between ages of 9 to 24. It is a learning opportunity, both in gaining knowledge of our county's #1 industry and passing that knowledge on to others. Our goal is to teach the community, young and old, of the importance of dairy products in our diets through the promotion of the farming industry and its' products. We do this through presenting to school classrooms, talking at various community organizations like the Rotary and the Grange, serving milk products at special events, and attending various festivals throughout the year such as the upcoming Tractor Fest at The Farmer's Museum. We are not a political organization nor do we receive funding from the county. All income is generated from the sale of promotional items and special events, our yearly ad campaign and donations made by local businesses. To learn more contact Amanda Rottingen at 607-437-9738 or [amandalicata@yahoo.com](mailto:amandalicata@yahoo.com)



**State Fair Dog Drill Team**



# **State Fair**

## **2019 State Fair Results**

### **Dog Show Results Drill Team photo (l-r)**

Sophia & Lady, Lilly & Finn, Megan & Beamer, Ava & Foxy, Ivy & Bingo (see picture on page 8)

Ava Lesko: Grooming & Handling: Blue  
Rally Novice B: Red  
Pre-novice Agility: Blue, 3rd Place

Sophia Lesko: Grooming & Handling: Blue  
Rally Advanced: Blue, Reserve Champion  
Open Agility, Blue, Champion

Megan Perrine: Rally Novice A: Blue, 4th

Drill Team: Sophia Lesko (captain), Megan Perrine, Ava Lesko, Ivy Stensland, Lilly Perrine, 3rd Place

### **Rabbits**

Megan Perrine:

BIS - Mini Rex - Otter Sr. Buck  
BOB - Mini Rex - Otter Sr. Buck  
BOB - Netherland Dwarf - Broken Sr. Doe  
BOSB - Netherland Dwarf - Chestnut Sr. Buck  
BOB - Holland Lop - Solid Jr. Buck

Lillian Perrine:

BOSB - Mini Rex - White Jr. Doe  
BOSB - Holland Lop - Solid Sr. Doe

Mini Rex -

BOSV - Broken (Megan)  
BOV -Castor - (Megan)  
BOSV - Castor - (Lillian)  
BOV- Chin - (Lillian)  
BOV -Otter (Megan)  
BOV -White (Lillian)  
BOSV - White (Megan)

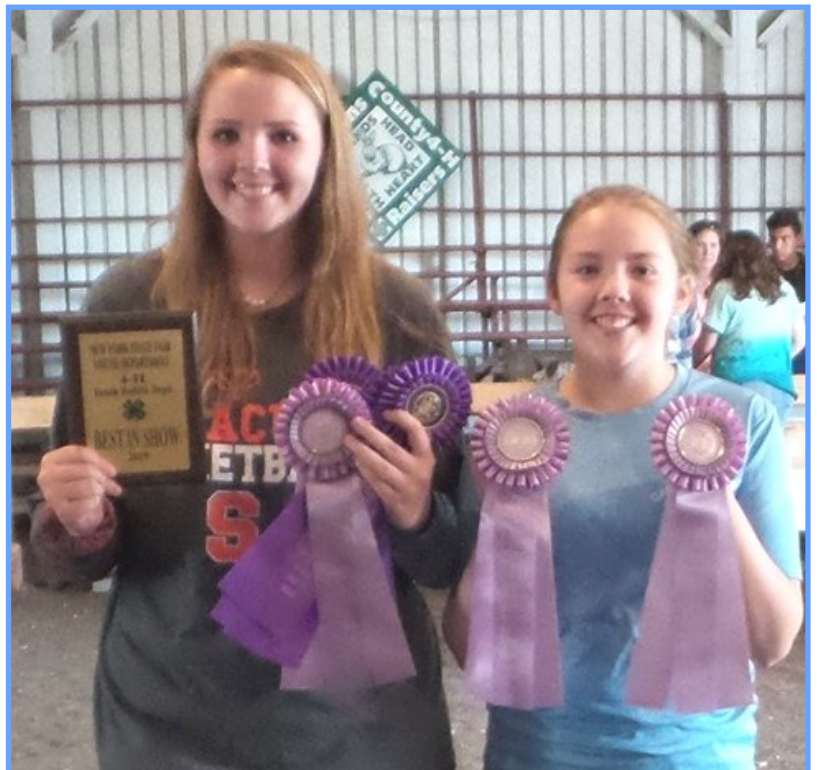
Holland Lop -

BOV - Solid (Megan)  
BOSV - Solid (Lillian)  
BOV - Broken (Lillian)  
BOSV - Broken (Megan)

Netherland Dwarf -

BOG - Self (Megan)  
BOSG - Self (Lillian)  
BOG - Agouti (Megan)  
BOG - Tan - (Lillian)  
BOG - AOV - (Megan)

**State Fair winners: Megan & Lillian Perrine**



# *Animal Science*

## **Standardbred Clinic Day**

Standardbred Clinic day, Sunday, **October 27**. It will be a two part event with a tour/clinic at a

Standardbred breeding facility, and then a track tour with lunch at Tioga Downs.

Details to follow. Interested? Let the 4-H office know.



## **JUNIOR DAIRY MANAGEMENT CONTEST**

### **NY 4-H Team places FIRST!!**

Congratulations to the Jr. Dairy Management Contest winners at the All-American Dairy Show in Harrisburg!! Our own Garrett Proskine placed 2<sup>nd</sup> overall.

The contest provides an excellent opportunity to test dairy management knowledge and skills, evaluate top quality animals, and receive experience in evaluation and decision-making. This well-rounded approach is most beneficial to youth, the dairy producers of the future.

The contest includes seven classes in:

Dairy Cattle Selection, Dairy Linear Type, Dairy Farm Business Management, Feed and Nutrient Management and Evaluation, Agronomic Considerations for Dairy Herd, Dairy Farm Safety, and Calf Care.



*(l-r) Winning NY 4-H Team, Jr. Dairy Management Contest Coach Meagan Weiboldt, Kyler Meisner, Garrett Proskine, Rachel Rouland and Morgan Depue*





## The Power of YOUth October 2019



Please return to:  
Cornell Cooperative Extension  
123 Lake Street  
Cooperstown, NY 13326  
607-547-2536 or fax 607-547-5180  
Email [otsego@cornell.edu](mailto:otsego@cornell.edu)  
Website <http://cceschoharie-otsego.org>

**Please send me information on the following or register me for:**

### *October Registrations/Information*

#### **October**

- \_\_\_\_\_ 1 Individual 4-H Awards - Leader Recommendations due
- \_\_\_\_\_ 15 New Leader Training registration
- \_\_\_\_\_ 15 National 4-H Week display pictures due
- \_\_\_\_\_ 18 Science Sampler at Cornell

#### **For office Use**

Date Received: \_\_\_\_\_  
Check # \_\_\_\_\_  
Amount: \_\_\_\_\_

#### **November**

- \_\_\_\_\_ 6 Auction Orientation registration
- \_\_\_\_\_ 8 Officer Training registration

#### **Make checks payable to:**

Cooperative Extension  
Schoharie and Otsego Counties

### **Officer Training Registration**

Name/Club \_\_\_\_\_

#### **Check which office(s) you are interested in:**

- \_\_\_\_\_ President/Vice President
- \_\_\_\_\_ Secretary/Reporter
- \_\_\_\_\_ Treasurer
- \_\_\_\_\_ Recreation/Health

#### **Check the activities you are interested in:** (this does not obligate you, but helps us plan)

- \_\_\_\_\_ Bowling \_\_\_\_\_ youth \_\_\_\_\_ adult
- \_\_\_\_\_ Swimming \_\_\_\_\_ youth \_\_\_\_\_ adult
- \_\_\_\_\_ Rock Climbing \_\_\_\_\_ youth \_\_\_\_\_ adult
- \_\_\_\_\_ Fitness Game Room \_\_\_\_\_ youth \_\_\_\_\_ adult

I am a member of the Clark Sports Center

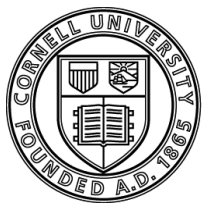
- \_\_\_\_\_ Yes
- \_\_\_\_\_ No - a waiver **MUST** be signed by all non-members  
(youth under 18 years of age must have signed by parent or guardian)

Deadline: **November 8.**

**Permission/Waiver Form required for non-members of the Clark Sports Center**

Total number for pizza \_\_\_\_\_ Youth \_\_\_\_\_ Adults

**4-H connects youth to hands-on learning opportunities that  
help them grow into competent, caring, contributing members of society.**



# Cornell University Cooperative Extension Otsego County

Youth Development  
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Cooperstown, NY 13326  
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4-H is a community of young people across America who are learning leadership, citizenship and life skills.



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## Cooperstown Office Hours

Open Monday through Friday  
8:30 a.m. to 4:30 p.m.  
Closed Columbus Day, 10/14 and  
Veteran's Day, 11/11

## Oneonta

31 Maple St (Rowe House)  
Office Hours

Open Wednesday & Friday  
8:30 a.m. to 4:30 p.m.

Support local 4-H youth development by reducing  
our publication and mailing costs.  
Your ad is viewed by nearly 400 youth,  
parents, and volunteers.

Contact Cornell Cooperative Extension at  
(607) 547-2536 for more information.