

January/February/March 2021



Helping Hands 4-H Club



Members of the Helping Hands 4-H Club learned how to weave baskets. See details on page 4.

In this Issue

Page

_
Farm Bureau Student Membership,
STARR 2021 2
4-H Calender of Events
4-H Club News
Springfield High Meadows, The Helping
Hands, Glimmerglass Gallopers
Otsego County
Public Presentations Workshop, Public
Presentations Day, Tips for Recording Your
Public Presentation, 2019-20 Members
Year-End Completion,
Animal Science
NYS 4-H Dog Program Canine Costume
Contest, Dairy Promotion Program Seeks
Dairy Princess, Animal Crackers, Horse Quiz
Bowl & Hippology, Animal Crackers Virtual
Workshops, Ag in the Classroom, Dairy Quiz
Bowl, Pheasant Chicks
Information & Registration Form11
Power of YOUth Advertisers

4-H GROWS HERE

4-⊣ helps youth grow into competent, caring, contributing members of society.

Cornell Cooperative Extension Schoharie & Otsego Counties 4-H Youth Development Staff

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4-H Youth Development Mission Statement

The mission of Cornell Cooperative Extension 4-H Youth Development is to build youth adult partnerships to enable youth to become fully engaged in their learning process. New York State 4-H is a leader in enabling youth to develop the knowledge, skills, attitudes, and abilities to become productive citizens and is a catalyst for positive change to meet the needs of a diverse and changing society.

Through 4-H Youth Development, youth will:

- Practice effective problem-solving and decision-making skills
- . Possess positive work attitudes and skills
- . Value diversity
- . Accept community and social responsibility
- Contribute to positive relationships with families, peers and community
- . Demonstrate communication and leadership skills
- . Value lifelong learning

Cornell Cooperative Extension values

- . 4-H Youth development as the focus of all youth development activities
 - Partnerships for supporting, conducting and extending the program
- . Volunteerism as a cornerstone of the program
- Diversity and the strengths it brings to Cornell Cooperative Extension programs







https://www.facebook.com/otsegocounty4H



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Cornell Cooperative Extension

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E-mail: otsego@cornell.edu Website: http://cceschoharie-otsego.org



Coming 4-H Events 2020



JANUARY 2021

1	New Year's Day
7	CCE Annual Kick Off Meeting, via Zoom, 6:30 p.m.
18	Martin Luther King's Birthday observed, CCE Offices closed
20	NYS 4-H Fly By, Bird Identification, Virtual Session, 630 p.m.
27	NYS 4-H Fly By, Birds of Prey, Virtual Session, 6:30 p.m.

FEBRUARY

1	4-H Earn-an-Animal applications due
1	4-H Livestock Auction Beef forms due to the 4-H office
3	NYS 4-H Fly By, Waterfowl, Virtual Series, 6:30 p.m.
10	NYS 4-H Fly By, Cornell Lab of Ornithology, Virtual Series, 6:30 p.m.
15	Earn-an-Animal interviews
15	Presidents' Day observed, CCE Offices closed

MARCH

2	4-H Organizational Club Leaders Meeting, Virtual, 6:30 p.m.			
4	Dairy Discovery, Virtual Workshop Series, 6:00 p.m8:00p.m.			
5	NYS 4-H Dairy Bowl Practice, Virtual Series, 7 p.m.			
10	Joint Issue Committee Virtual Meeting, 7 p.m.			
11	Dairy Discovery, Virtual Workshop Series, 6:00 p.m8:00 p.m.			
13	4-H Public Presentation Workshop, Virtual, 10 a.m.			
15-19	Ag Literacy Week, "Tales of the Dairy Godmother" by Viola Butler			
18	Dairy Discovery, Virtual Workshop Series, 6:00 p.m8:00 p.m.			
19	NYS 4-H Dairy Bowl Practice, Virtual Series, 7 p.m.			
20	Earn-an-Animal Orientation, Virtual, 10 a.m.			
24	DEC 4-H Day Old Pheasants Chick order due			
25	Dairy Discovery, Virtual Workshop Series, 6:00 p.m8:00 p.m.			
30	4-H Fair Superintendents Virtual Meeting, 7:00 p.m.			
31	4-H Organizational Club Leaders Meeting, Virtual, 6:30 p.m.			

APRIL

3	4-H Public Presentations, Oneonta & Virtual			
10	4-H Auction Clinic, TBD			
17	4-H Public Presentations, Cooperstown & Virtual			
21	4-H Organizational Club Leader Virtual Meeting, 6:30 p.m.			
24	District 4-H Horse bowl/Hippology, Chenango County Fairgrounds, 9 a.m.			
27-29	NYS 4-H Capital Days, Virtual			
27	4-H Fair Superintendents Virtual Meeting, 6:30 p.m.			
28-May 10	-May 10 Tractor Supply 4-H Clover Sales			

CCE prioritizes the health, safety, and well-being of the communities we serve. If Otsego County 4-H Programs and Clubs choose to meet non-virtually, they must attend CCE Schoharie & Otsego Counties 4-H Club Meeting & Activity Safety Plan training. For more information contact 4-H Subject Educator, Teresa Adell at 607-547-2536 ext. 225, 607-433-2521 or <u>tla47@cornell.edu</u>.

UPDATES will be communicated as soon as possible. Be Safe, Be Well!





CLUB NEWS

The Helping Hands 4-H Club met in person for the first time in a very long time! We started with a short business meeting followed by a basket weaving. We learned about the history of baskets and why they have stood the

test of time for so long. Each member was able to create their own basket by soaking reeds and weaving them in front and behind the spokes. Everyone's final project was a bit different with an individual flair on each. *Great job Helping Hands!*

We also officially welcomed our officers to their new roles as well as welcomed some new Cloverbuds. We are very excited to be back at it.

President : Lindsay Turnbull Secretary: Kacie Turnbull Vice President: Emily Gross Treasurer: Emma Peck

Members: Alyssa Sorochinsky, Mason Turnbull, Owen Perkosky

S pringfield High Meadows 4-H Club met in February and walked through the Ovaltop herd, while club leader Mike Wolfe went over comparing a few cows and what to look for when judging dairy cows to give the members a first-hand look. We all labeled the parts of a cow and discussed judging points. The 4-H members got a copy of the different dairy groups to judge and with guidance from Mike and parents they helped the kids look and compare what cows to place where.

C limmerglass Gallopers 4-H Club

In the month of February, the Glimmerglass Gallopers met and learned about leading and worming horses.







4-H Public Presentation Workshop for Youth Saturday, March 13, 2021 - 10 a.m. - via Zoom

This is an interactive workshop for youth to learn the basics of

public presentations. Participants will be introduced to the five Public Presentation categories: demonstrations, illustrated talks, speech, recitation and dramatic interpretation.



The focus will be for beginners, but information on the categories will be helpful for all. Sign up on or before March 12th, by contacting Teresa Adell, <u>tla47@cornell.edu</u>, 607-547-2536 ext 225 or 607-433-2521



Public Presentation Days

Saturday, April 3, The Rowe House, 31 Maple Street, Oneonta 9 - 12 p.m. In Person or 1 - 4 p.m. via Zoom Saturday, April 17, CCE Education Center, 123 Lake St., Cooperstown 9 - 12 p.m. In Person or 1 - 4 p.m. via Zoom Registration is required by Friday, March 19

Club members must register with your 4-H Club Leader

Independent 4-H members must register with Teresa Adell, <u>tla47@cornell.edu</u>, 607-547-2536 ext 225 or 607-433-2521

Once registered you will be given a scheduled time for both in person and zoom sessions. The zoom link will be sent to you.

If registering for in person, only the youth giving the presentation will be allowed in the building, along with one parent/guardian, COVID-19 guidance's will be followed, wearing a mask, 6' apart and hand sanitizing will be followed.

4-H youth have the option to submit a video. Contact Teresa Adell , 4-H Educator, for more information.







TIPS FOR RECORDING YOUR 4-H PUBLIC PRESENTATION

Presenting to a camera is different from presenting to a live audience. Here are some tips for recording your public presentation on a smartphone.

Have everything you'll need

Have your presentation materials ready. Any note cards, props or visual aids you'll need should be within reach.

Find a good location

Choose a quiet place to give your presentation. You don't want to be distracted or interrupted!

Position your phone

Consider how you will keep your phone steady. This can be as simple as stacking books on a table and propping your phone against them, or using a camera tripod, if you have one.

Try to keep the camera lens a little below eye level; you should be looking slightly downward towards the lens.

Setting up your phone

In your phone's settings, switch it to Airplane Mode. This will prevent you from being disturbed by interruptions or calls during recording.

Turn your phone sideways in Landscape (horizontal) mode, not Portrait (vertical) mode.

Have the camera's screen facing towards you. You'll be using the front-facing camera.(You may want to have someone help you position yourself.)

Clean the camera lens

Phones pickup all kinds of smudges during daily use. You can use a soft cloth to wipe it off. (Microfiber cloths, used for cleaning glasses, are great for this!)

Configure your phone to record

Make sure you have enough space to record. You shouldn't need more than a gigabyte (GB) for your presentation. Your phone may allow you to record at a very high resolution, but a smaller file will be easier to upload later. Check your camera's settings and use the lowest resolution (720p on iPhone, 1280 x 720 on Android)

Set your phone's camera app to video mode and switch to the front facing camera (aka Selfie mode)

Frame your shot and set some lighting

Make sure your phone is horizontal and level.

Position yourself in the shot, slightly off from the center.

(This assumes your phone's camera is positioned just above the screen when the phone is in portrait mode.)

Use ceiling lights, floor or table lamps to make sure you're well lit. Move lights around to see what looks best when you're in position.

Alternatively, you can record with a window providing light from the side.

Record a test

Hit record and make a quick test video. Play it back to make sure you can be heard. (It's easier to make adjustments now...than finding out after your presentation!)

It's good to rehearse any moves to make sure you've allowed enough space that you won't go in and out of frame. Action! Time to Record

Look at the phone's lens-not the screen. This allows you to keep eye contact with your viewers.

When you start:

Hit Record, get into your position, and set yourself (count to three in your head), and start

When you finish:

You won't be able to take questions as you would with an in-person presentation. So, hold your position, look into the phone's lens, say something to indicate you're finished (ex. Thanks for listening to my presentation on____) count to three again in your head and then click the Record button off.

2019-2020 Otsego County 4-H Members Year-End Completion

Fields & Flats

Aidan Ainslie Abie Ainslie Tyler March Emma Dabreau Ava Dabreau Aiden Dabreau

Garratsville Graywolves

Ricky Pegg* Gavin Kenyon Hayden Kenyon Grace Wing Gavin Fetterman

Garratsville Graywolves CB

Mackenzie Pegg Ira Pegg Benjamin Wing Kendra Smith

Kids & Kritters CB

Isabelle Weiss Adam Weiss Clayton Mead Brandt Baker Ella Baker Averie Baker Lauretta Baker Olivia Hart

Otsego Firecrackers

Lane Davis* Ella Field* Seth Keever Evelyn Kersmanc* Sean Kersmanc Angel Mravlja Elyza Schoeberl* Rory-Jane Smith-Greenfield Leanna West Makenna West

Sunset Riders

Aurienna Larson* Carly Layman* Dakota Hitt* Lilly Cleaveland* Rylee Bliss* Julia Vunk*

Whatever Floats Your Goat

Madisyn Reyome Cameron Jones Braydon Hascup Chase Burkhart Judy Attanasio Joy Attanasio Joseph Attanasio

Independents

Aniya Kogut Robert Kennedy Pauline Kennedy Monica Kennedy Ava Lesko Andrew Lentner Peyton Darling Liana Darling

*Outstanding Member



The NYS 4-H Dog Program Canine Costume Contest

In an effort to keep our 4-H dog handlers challenged as we enter the long months of cold & snow, we would like to offer a Winter Canine Costume Class. It's time for our second friendly competition, which will run until March 31st.

Youth must submit a photo of a dog in costume along with the age of the handler and category they are entering. Youth who do not have a dog but would like to participate may submit a photo of a stuffed animal.

Age group (as of 1.2.21) Cloverbud: 5 to 7-years old Junior: 8 to 12-years old Senior; 13 to 19-years old



March's category includes St. Patrick's Day

For safety tips on how to dress your dog up safely, see the AKC article How to Dress UR Your Dog Safely by Jordan Upmalis dated 10.6.20.

To register and submit your photo contact: contact: Liz Meacham at <u>liz.meacham@yahoo.com</u>



Animal Science

Otsego County Dairy Promotion Program seeks Dairy Princess candidates!

Candidates must be between 16 and 24 years of age as of February 2021 and be one of the following:

From an active dairy farm, Sponsored by a Dairy Farm within Otsego County, be a daughter of someone employed in a Dairy Related industry (Veterinarian, Dairy Fee Supplier, Milk Truck Driver, Etc) or be employed herself by a dairy business.

The Otsego County Dairy Princess Coronation will take place this spring at a date and location to be announced, where a new princess will be crowned.

The Otsego County Dairy promotion program is open to all young people who have a passion for promoting Dairy Farming. Dairy Ambassadors/Dudes are any young person between 8 and 24-years old, interested in promoting Dairy Farming and Dairy Products.

Any young person interested in joining the promotion team should email <u>otsegodairypromotion@gmail.com</u>. Princess Candidate applications are due one month prior to the Coronation.



4-H Horse Quiz Bowl and Hippology

District Event - April 24, 2021 Chenango County Fairgrounds "Educational Competition Event"

Individuals or teams of four compete in a quiz bowl format against other counties on general horse knowledge. Topics include colors breeds, care and feeding, parts of the horse and tack, show rules, diseases, conformation, unsoundness, shoeing, breeding, etc. Coaches run weekly practice from December through March. Open to 4-H members ages 9 to19.

Teams: consist of no less than four and not more than six members.

Seniors - at least 14-years of age but not yet 19-years old by January 1st of the current year.

Juniors - youth ages at least 9 and less than 14 years old as of January 1 of the current year.

Novice - youth ages at least 9 and less than 14-years old as of January 1 of the current year and never participated in any previous Horse Quiz Bowl contest.

If you would like to sign up to join a Horse Quiz Bowl/ Hippology Team and for more information, contact Teresa Adell <u>tla47@cornell.edu</u>, 607-547-2536 x225 or 607-433.2521

Animal Science

Animal Crackers Topics and Schedule

May 4, 2021 - 6 pm to 7 pm - Equine

"Dive into Equine Rehab": Have you ever been interested in learning about Equine Rehabilitation? Well, take a virtual tour through SUNY Morrisville's Equine Rehabilitation Center. Learn what it is like to nurse a horse back to health in a state-of-the-art facility. Hear from students and employees that work directly with these amazing animals while they recuperate. From acupuncture, to heat therapy, to water therapy learn about what it takes to get these athletes back to the best of their ability. Instructed by Courtney Livecchi, CCE Madison, Jolene Zaia, CCE Oswego, Brieanna Hughes, CCE Saratoga, and Jessica Tyson, CCE Essex.

May 6, 2021 - 6 pm to 7 pm - Fiber Sheep

"Fiber to Finish": Learn the steps that take fiber from "in the grease" to a finished spun or felted product, select fibers for finished products, how to prepare wool for your projects, and feel the difference in a variety of sheep fibers. Instructed by Sasha Diederich, CCE Chemung, Jenn Bassman, NYS 4-H State Office, and Holly Harwood, CCE Wyoming.

May 6, 2021 - 6 pm to 7 pm - Meat Sheep

"Is the Grass Greener on the Inside?": Learn about the rumination process and nutrition for meat sheep. Sheep first aid,

common sheep ailments, and the lambing process will also be discussed. Instructed by Jenn Bassman, NYS 4-H State Office, Holly Harwood, CCE Wyoming, and Sasha Diederich, CCE Chemung.

May 11, 2021 - 6 pm to 7 pm - Poultry

"Poultry Anatomy": Overview of basic poultry anatomy, focusing on digestion, reproduction, and parts of the egg. Instructed by Kyle Yacobucci, CCE Fulton-Montgomery, Kayela Statom, CCE Rensselaer, Kristina Gabalski, CCE Orleans, and Brieanna Hughes, CCE Saratoga.

May 13, 2021 - 6 pm to 7 pm - Dairy (Bovine) Reproduction

"Constructing Reproduction": Animal reproduction is an important aspect of many 4-H Animal Science projects. Participants will review and identify the basic parts of the cow's reproductive tract and then make a model of and demonstrate the fertilization process in cattle. Instructed by Deborah Grusenmeyer, CALS Animal Science and Elaine Noble, CCE Chemung.

May 18, 2021 - 6 pm to 7 pm - Dog & Cat

"Basic Pet First Aid": Lessons on making pet first aid kits, how to take vital signs, recognizing shock and other ER's, and basic bandaging techniques. Instructed by Erin Humphrey, CCE Cayuga, and Maureen Ring, CCE St. Lawrence.

May 20, 2021 - 6 pm to 7 pm - Goat

"Yikes! There's a Goat in my Tub": Explore the properties of goat milk soap and compare how a sample of goat milk soap measures up to your soap at home. This is your chance to experiment with soap and learn more about the science behind its effect on dirt and oil. As part of the "goat activity kit" you'll also receive a laminated sheet of the goat breeds, instructions on how to make a halter or macrame collar for your goat, AND some goat cheese and meat recipes. Instructed by Michael Fiorentino, CCE Nassau, and Craig Brown, CCE Madison.

May 25, 2021 - 6 pm to 7 pm - Swine

"Pigs Inside and Out": Explore pig anatomy, body parts as related to cuts of meat. Learn all about what makes a pig tick! Instructed by Jenn Bassman, NYS 4-H State Office and Holly Harwood, CCE Wyoming.

May 27, 2021 - 6 pm to 7 pm - Rabbit & Cavy

"Basic Rabbit and Cavy Care": Tour a rabbitry and visit with cavies!! Learn about what it takes to care for rabbits and cavies – housing, water, nutritional needs and more!! These small animals make fantastic 4-H animal science projects, especially if your space is limited. Receive worksheets, samples of rabbit fur/wool and feed samples for both rabbits and cavies in your take home kit!! Instructed by Kyle Yacobucci, CCE Fulton-Montgomery, Kayela Statom, CCE Rensselaer, Kristina Gabalski, CCE Orleans, and Brieanna Hughes, CCE Saratoga.



May 2021, Tuesdays & Thursdays, 6PM on Zoom For youth 9 and up Species: Dairy Cattle, Sheep, Goats, Poultry, Rabbits/Cavies, Horses, Swine, Dogs & Cats \$50 Registration Fee covers all 8 sessions

Contact the 4-H Office to register!

Animal Science

Agricultural Literacy Week ~ March 15-19, 2021

2021 Ag in the Classroom—New York Agriculture in the Classroom is coordinating the seventeenth annual New York Agricultural Literacy Week to be held from March 15-19, 2021. Community members around Otsego County will be volunteering to read virtually Chuck's Ice Cream Wish (Tales of the Dairy Godmother) by Viola Butler to elementary classrooms with a focus on K-3rd grades. This book will take students on an

explorative journey to learn about dairy and to trace the food on their plate back to its source- the farmer, while also showcasing the diversity of the agriculture industry.

This Year's Book:

Chuck's Ice Cream Wish (Tales of the Dairy Godmother) https://ny.agclassroom.org/programs/literacy/



DAIRY QUIZ BOWL MAY 1. 2021 CHENANGO COUNTY FAIRGROUNDS



TEAMS ARE FORMING NOW To sign up contact 4-H Educator, Teresa Adell, tla47@cornell.edu 607-547-2536 ext 225, or 607-433-2521

4-H Dairy Quiz Bowl is a "quiz bowl" competition where all questions deal with dairy topics. Teams of four members compete with each other in giving oral answers to questions posed by a moderator. Teams receive points for correct answers and may lose points for incorrect answers. The team with the highest final score is the winner. The contest is organized on a double elimination basis with winning teams advancing into further rounds until a champion team emerges.

Competition in the 4-H Dairy Quiz Bowl encourages a 4-H member to develop a more complete knowledge of dairy animals and related subjects. This contest provides an educational dairy program for all dairy project members, including those who may not own a dairy project animal, and provides a way to develop alertness and self-confidence.

It is not appropriate for Cloverbud members to participate in the contest. Beginner Division—youth ages 8 to 10-years old as of January 1st. Beginner is replacing Novice Level. Junior Team—youth ages at least 9-years old and less than 14-years old as of January 1. Senior Team—youth must be at least 14-years old as of January 1 and not pass 19-years old by January 1st of current year.

2021 4-H Day Old Pheasant Chicks Program

The Department of Environmental Conservation (DEC) is once again distributing day-old pheasant chicks for rearing and release projects to qualified 4-H youth. The rearing and release of pheasants requires a great deal of responsibility by 4-H youth and a leader and must be familiar with Pheasant Rearing Guide, available at the 4-H office. Cost: \$3 per 25 chicks for 4-H members \$4 per 25 for non 4-H members Contact Teresa Adell, tla47@cornell.edu, 607-547-2536 ext 225, or 607-433-2521

Chicks must be pre-ordered and PAID on or before March 24, 2021





The Power of YOUth January/February/March 2021



Amount:

Please return to: Cornell Cooperative Extension 123 Lake Street Cooperstown, NY 13326 Call 607.547.2536 or fax 607.547.5180 Email otsego@cornell.edu Website *http://cceschoharie-otsego.org*

Please send me information on the following or register me for:

January/February/March Registrations/Information

March

12	Public Presentations Workshop registrations due	
19	Public Presentations registrations due	For office Use
24	Pheasant Chick orders due	Date Received:
Anril		Check #

April

1	Animal Crackers registrations due
1	Horse Quiz Bowl & Hippology registrations due

	4-H is committed to	S	Make checks payable to: Cooperative Extension Schoharie and Otsego Counties
	providing online and print educational resources to support kids and families while schools and clubs remain closed.		
	4-H 20 GROWS HERE		
Name			
Mailing Address			
Telephone		Email	
Send this	s form to: CCE Schoharie and	Otsego Counties, 123 Lake St., C	ooperstown, NY 13326.
	will contact you when the mate	save postage on larger materials, erials are ready. Should you have	please indicate where you would any questions, contact the 4-H

Oneonta office I will pick up at the: Cooperstown office

> 4-H connects youth to hands-on learning opportunities that help them grow into competent, caring, contributing members of society.



Cornell University Cooperative Extension Otsego County

Youth Development 123 Lake Street Cooperstown, NY 13326 Tel: 607/547-2536 or 607/433-2521 Fax: 607/547-5180 or 607/436-9682 Email: otsego@cornell.edu Web: www.cce.cornell.edu/otsego Non-Profit Organization U.S. Postage PAID Cooperstown, NY 13326 Permit #24

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4-H is a community of young people across America who are learning leadership, citizenship and life skills.

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Support local 4-H youth development by reducing our publication and mailing costs. Your ad is viewed by nearly 400 youth, parents, and volunteers.

Contact Cornell Cooperative Extension at 607.547.2536 for more information.



Cooperstown Office Hours Open Monday through Friday 8:30 a.m. to 4:30 p.m.

Oneonta Office Hours 31 Maple St (Rowe House) Open Wednesday & Friday 8:30 a.m. to 4:30 p.m. or by appointment

Please call ahead before you visit either location.