



Schoharie County 4-H Newsletter



A Publication of Cornell Cooperative Extension

Cornell Cooperative Extension | Schoharie and Otsego Counties

January 2019



Schoharie and Otsego
County 4-H members visit
the Boston Aquarium

4-H is a **community** of **young people**
across **America** who are learning
leadership, citizenship and
life skills.

**Cornell Cooperative Extension
Schoharie & Otsego Counties
4-H Youth Development Staff**

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4-H Youth Development Mission Statement

The mission of Cornell Cooperative Extension 4-H Youth Development is to build youth-adult partnerships to enable youth to become fully engaged in their learning process. New York State 4-H is a leader in enabling youth to develop the knowledge, skills, attitudes, and abilities to become productive citizens and is a catalyst for positive change to meet the needs of a diverse and changing society.

Through 4-H Youth Development, youth will:

- . Practice effective problem-solving and decision-making skills
- . Possess positive work attitudes and skills
- . Value diversity
- . Accept community and social responsibility
- . Contribute to positive relationships with families, peers, and community
- . Demonstrate communication and leadership skills
- . Value lifelong learning

Cornell Cooperative Extension values:

- . 4-H Youth development as the focus of all youth development activities
- . Partnerships for supporting, conducting, and extending the program
- . Volunteerism as a cornerstone of the program

The Cobleskill office is open Monday through Friday, 8:30 a.m. to 4:30 p.m.



Cornell Cooperative Extension, in collaboration with Cobleskill-Richmondville Central School and Schoharie Central School, provides afterschool programs that serve over 110 students in grades K-6. The program serves students at Schoharie Central (grades K-6) and Ryder and Radez Elementaries (K-6).

The after school program offers 4-H projects, indoor/outdoor recreation, arts, crafts, games, homework helper, and a nutritious snack. In addition, cultural exposure, computer literacy, conflict resolution, and service learning enrich and instill life-long skills. 4-H Youth Development Programs use experiential, research-based educational opportunities to develop youth independence, a sense of belonging, generosity, and mastery. For additional information, please contact After School Program Coordinator Susan Salisbury at sms248@cornell.edu, or 518-234-4304.

Follow here for updates and activities on 4-H youth in the 4-H Afterschool Program

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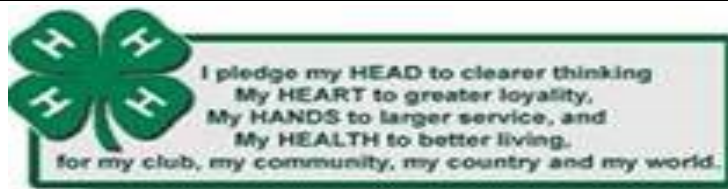
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4-H Calendar Events 2018-2019



JANUARY	
1	New Years' Day, CCE Offices closed
9	4-H Legislative Intern Program, Schoharie County Office Building, 9-2pm
9	4-H Earn-An-Animal Information Night, CCE Extension Center, 6:30pm
11	4-H Earn-An-Animal Applications Due
12	4-H Cooking Clinic, CCE Extension Center. 9:00am
13	4-H Intro to Archery, Middleburgh Rod & Gun Club, Middleburgh, 1-3pm
17	4-H New Club Leader Training, CCE Extension Center, 6:30pm
19	4-H Public Presentation Workshop, CCE Extension Center, 9:00am
21	Martin Luther King's Birthday observed, CCE offices closed
24	4-H Jr Iron Chef 4-H Team Information Night, CCE Extension Center, 6:30pm
26	4-H Earn-An-Animal Interviews CCE Extension Center, 9:00am
31	4-H Horse Program Committee Meeting, CCE Extension Center, 6:30pm
FEBRUARY	
2	4-H Fine Arts Workshop, Snow Bird Painting, CCE Extension Center, 9:00am
2	4-H Birds In Your Backyard Workshop, CCE Extension Center 1:00pm
9	4-H Public Presentations Golding Middle School, Cobleskill, 9-12pm
13	4-H Legislative Interns, Schoharie County Office Building, 9-2pm
16	4-H Sewing Clinic, CCE Extension Center, 9:00am
18	President's Day, CCE Extension Center offices closed
26	4-H Leader's Meeting, CCE Extension Center, 6:30pm
MARCH	
2	4-H District Dairy Quiz Bowl, Ichabod Crane Middle School, Valatie, Registration 8:30am
9	4-H District Horse Quiz Bowl and Hippology, Canajoharie
TBD	4-H Shooting Sports Air Rifle, Middleburgh Rod & Gun Club, 1:00pm
13	4-H Legislative Interns Program, Schoharie County Office Building, 9-2pm
15	4-H International Night, CCE Extension Center, 7:00pm
23	4-H Earn-An-Animal Orientation, CCE Extension Center, 9:00am
26	4-H Program Committee Meeting, CCE Extension Center, 6:30pm
29-30	Dairy Discovery, Cornell University,
TBD	Tractor Safety



4-H Club News

The Green Tree 4-H Club was very busy for the months of November and December, we made apple and pumpkin pies for the community Thanksgiving dinner in Schenevus. We also attended the field trip to the Boston Aquarium. We sang Christmas carols at the Farmers' Museum Candlelight event and made evergreen arrangements and wood cookie wreaths, Our group had fun and are looking forward to more projects in the new year.



Animal Aggies 4-H Club enjoyed attending and receiving their year end awards at the Annual 4-H Achievement Night and then had two members attend the officer training. The club made ornaments to decorate the 4-H Xmas tree and participated in the Cobleskill Village Holiday parade.

The Craft and Critters 4-H Club ran a craft table at breakfast with Santa at the Middleburgh Fire House, adopted a family in need for Christmas and participated in the Middleburgh's snowman contest this month.



The Happy Hoofsters 4-H Club attended Miracle on Main Street in December to show community support and to express their love for their 4-H group.

The Ready to Ride Horse 4-H Club filled a stocking for a dog at the animal shelter and participated in the Cobleskill holiday parade.



WELCOME NEW CLUBS!!

The Mountain Maniacs 4-H Club in November visited HBH Clydesdales and in December made a care package full of items including Christmas Cards for our deployed soldiers.

The Backyard Kidz held their first meeting in October, elected officers and made painted trees with buttons, In December we worked on 4-H achievement books and made no sew scarfs.



4-H Upcoming Events

4-H Cooking 101

This clinic covers kitchen and food safety, basic food preparation, and nutrition and will be hands on.

Our Menu for the day:

Make Your Own Cocoa Mix, Easy-to-Fix Green Beans,
Sloppy Joes, Cornbread and Magical Fruit Salad



Fee is \$5

9-11am

Saturday, January 12, CCE Extension Center

Pre-registration is required

Teresa Adell, ta47@cornell.edu 518-234-4303, 296-8310



New Leader Training

This training is mandatory for new 4-H club leaders
Also available for established 4-H leaders and volunteers
Come and learn what responsibilities and purpose for leading a
4-H Club

When: Thursday, January 17

Where: CCE Extension Center, 6:30 p.m.

Registration is required; Teresa Adell, ta47@cornell.edu

518-234-4303, 296-8310

4-H Upcoming Events

Schoharie County 4-H Earn-An-Animal



Information Night

The 4-H Earn-An-Animal program allows for 4-H members (ages 8-19) to earn funding towards a project animal to raise and show as their own. This program requires dedication from the youth member and support from their guardians. Youth accepted to the program will not only learn how to care for their animal, they will experience the process of researching, selecting and purchasing an animal. Participants accepted to the program will further develop their planning, time management, organization, and record keeping skills.

Wednesday
January 9,
2019
CCE Extension
Center,
6:30 p.m.

To sign up and for more information Contact Teresa Adell (518) 234-4303 or tla47@cornell.edu

Cornell Cooperative Extension provides equal program and employment opportunities.



Information Night

Thursday, January 24, 6:30pm at the CCE Extension Center
Be a part of the Schoharie County 4-H Team

Jr. Iron Chef is a competition for teams of regional middle and high school students to develop healthy recipes using a combination of colorful fruits and vegetables and USDA/Commodity Foods that could be realistically prepared in a school cafeteria.

Each team will develop and execute one recipe to be judged by an expert panel

Saturday, March 30, 2019 at SUNY Cobleskill,
Champlin Hall, Cobleskill, NY

Jr. Iron Chef is sponsored by SUNY Cobleskill, the Bassett Research Institute 5-2-1-0, NYS Creating Healthy Schools and Communities, and the Rural Health Education Network of Schoharie, Otsego and Montgomery counties (RHENSOM)

Register with the 4-H office by Friday, January 18

Teresa Adell, tla47@cornell.edu, 518-234-4303,

296-8310



INTRO TO ARCHERY



Sunday, January 13, 2019 1-3pm
Middleburgh Rod & Gun Club

Participants, age 10 and older, will learn basic rules of safety, proper equipment
Selection and care, and
Beginning shooting techniques.

\$5 class fee

Pre registration is required through the 4-H office.

Email Teresa Adell, tla47@cornell.edu

Or call 518-234-4303, 296-8310

Deadline is January 11



Snow Bird

This little chick is staying warm under her hat and scarf. Easily swap out the colors on her accessories for a customizable design.



CANVAS SIZE: 12X12

Saturday, February 2, 9-11 am CCE Extension Center

Class Fee-\$12.00, class limited to 12

Sign Up Early! Deadline is January 25

Registration required,

Teresa Adell, tla47@cornell.edu

518-234-4303, 296-8310

4-H Upcoming Events

4-H Public Presentations



Public Presentation Training for leaders and members is scheduled for Saturday, January 19, at 9 a.m. at the CCE Extension Center. Registration deadline is Friday, January 11.

Register-Teresa Adell, tla47@cornell.edu, 518-234-4303, 296-8310

Public Presentation Day is February 9, from 9 a.m. -Noon, at the Golding Middle School, 193 Golding Drive, Cobleskill, NY. Registration is required by Friday, February 1.

Must Register with your 4-H Club Leader
Independent 4-H members, register with

Teresa Adell, tla47@cornell.edu, 518-234-4303, 296-8310





BIRDS IN YOUR BACKYARD



This workshop will introduce youth to ornithology, the study of birds. 4-H participants will develop an awareness of birds in our area and will sharpen their observational skills while learning the anatomy and distinguishing features of birds.

This project uses feeding to attract birds for easy observation.

SATURDAY, FEBRUARY 2, 2019

1-3PM CCE Extension Center, Cobleskill

\$6 class fee, receive a bird feeder

Preregistration is required-Teresa Adell

tla47@cornell.edu, 518-234-4303, 296-8310

Great Backyard Bird Count Instructions

HOW TO COUNT THE BIRDS: Easy as 1-2-3!



The Great Backyard
Bird Count



Art by Charley Harper

4-H Schoharie County

4-H

It's *SEW* much *FUN!*

4-H Sewing Clinic

Saturday, February 16th

9:00am CCE Extension Center

4-H Youth will learn parts of the machine,
basic sewing skills and tools, and how to
use a pattern



Make a

Drawstring Bag

to take home

\$5 Material fee

Pre-register by February 8
Teresa Adell, tla47@cornell.edu
518-234-4304, 296-8310



4-H Schoharie County

4-H MEMBER OPPORTUNITIES 2019

Wonders of Washington-February 18-22-"A Citizenship Opportunity". Held in Washington DC, this trip is for 4-H teens (14+) from throughout the Capital Region and is held bi-annually. Participants will be traveling via coach bus to Washington DC and staying at the National 4-H Youth Conference Center. The cost of the trip is approximately \$900 with only a few lunches not included.

Some of the things you will be doing are: Night view Tour of Washington DC, Visit Smithsonian Museums, National Archives, Supreme Court, Ford's Theatre, Arlington Cemetery, Mount Vernon, National Zoo and more. Enjoy a night out to a dinner theater, Share your 4-H story during appointments with Congressional Offices, tour the Capitol, Participate in two citizen workshops, Make use of the National 4-H Center facilities.

STARR-April 5-7-"A Leadership Opportunity". Held at the New York State fairgrounds in Syracuse, this opportunity for teens, age 13-18, to grow in leadership skills. May attend three times unless selected for a leadership position. Teens interact with others from across the state to build team skills, increase public speaking skills, participate in community service activities, and learn how to make their teen voices heard. This weekend is about making changes in your community through leadership and action, all while meeting new people and having a great time. The total cost is approximately \$120.

FORESTRY WEEKEND-May 10-12-"A Career Exploration Opportunity". Held at 4-H Camp Shankitunk in Delaware County, this is an opportunity for youth ages 10+ to join 4-H members from across the state for a weekend of forestry activities, games and competition. This event is for youth interested in learning more about forests, and to select the NYS team that will go to the 2019 National 4-H Forestry Invitational (must be 14-19 for the national event). The Forestry Weekend activities include; Tree Identification, Tree measurements, Compass usage, Map reading, Insects and disease, Geocaching, Nature Games, Hikes and more. The total cost is approximately \$100.

4-H CAPITAL DAYS-May 19-21-"A Citizenship Opportunity". Held in Albany for teens (two from each county), 14-18 years old. May attend once. You will see the Legislature in action, enjoy office visits with our local legislators, and learn about the State Capital. You will also be able to visit with teens from all around the state. Join us if you enjoy making your views known about issues of concern to youth and others in New York State. The total cost is approximately \$250, one lunch not included.

STEM CAMP-June 14-16-"A Career Exploration Opportunity". Held at 4-H Camp Shankitunk in Delaware County, this is an opportunity for 4-H youth ages 10+ to join 4-H members across the state for a weekend of science fun. Participants select a tract for the weekend which may include rocketry, 3-D printing, nature detectives, sustainable energy. The total cost is approximately \$100.

CORNELL CAREER EXPLORATION-June 25-27-"A Career Exploration Opportunity". Held at Cornell University in Ithaca, NY for teens currently in 7th-11th grade. University U is for those entering 8th or 9th grade in fall. May attend this once. Focus on Teens is for those entering grades 10-12 in fall or those who already attended University U. May attend three times unless selected for a leadership position. Teens choose a specific matter area to investigate such as astronomy, chemistry, consumer economics/design, geology, food sciences, physics, ag and bio engineering, biotechnology, horticulture, human service studies, natural resources, textiles and apparel, veterinary sciences. Participants attend lectures taught by Cornell University professors, conduct hands-on laboratory experiments, and take field-trips to commercial sites where new technologies are being put to use. You will also have an opportunity to tour Cornell Campus, get to know teens from around New York State and live in the University dorms. The total cost is approximately \$280.

ABC (Agri-Business Career) Conference- October 17-18-"A Career Explorations Opportunity". Held in Cobleskill for teens ages 13-16. The conference is co-sponsored by NYS 4-H, the NYS Farm Bureau, and the State University at Cobleskill. It features tours of farms and agriculture-based operations in the Cobleskill area as well as seminars, guest speakers and guided tours of the SUNY Cobleskill agriculture facilities. Attendees also have the opportunity to meet with college faculty and learn about different majors and course requirements. The participation fee is approximately \$100.

Scholarship money is available, please contact the Schoharie County 4-H office for more information.



January/February Registration/Information



Please return to:
 Cornell Cooperative Extension
 173 South Grand Street
 Cobleskill, NY 12043
 Call 518-234-4303 or fax 518-234-4305
 Email tla47@cornell.edu
 Website <http://cceschoharie-otsego.org>

Please send me information on the following or register me for:

January

- ___ 9 Earn-An-Animal Info Night
- ___ 12 Cooking Clinic
- ___ 17 New Club Leader Training
- ___ 20 Public Presentations Workshop
- ___ 24 Jr Iron Chef 4-H Team Information Night

February

- ___ 2 Art Workshop
- ___ 2 Birds In Your Backyard Workshop
- ___ 9 Public Presentations
- ___ 16 Sewing Clinic

For office Use
Date Received: _____
Check # _____
Amount: _____

Make checks payable to: Cornell Cooperative Extension Schoharie and Otsego Counties
--

Name _____

Mailing Address _____

Telephone _____

Email _____

**Send this form with your check to: CCE Schoharie and Otsego Counties,
 173 South Grand Street, Suite #1
 Cobleskill, NY 12043**

We will be happy to mail your request, but to help save postage on larger materials, please indicate that you would like to pick up. We will contact you when the materials are ready. Should you have any questions, contact the 4-H office at 518-234-4303.

I will pick up at the: _____ Cobleskill office



Cornell University
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 Schoharie and Otsego Counties
 173 South Grand Street, Suite 1
 Cobleskill, NY 12043

ADDRESS SERVICE REQUESTED



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4-H GROWS HERE

Cobleskill Office Hours

**Open Monday through Friday
 8:30 a.m. to 4:30 p.m.**



Support local 4-H youth development by reducing our publication and mailing costs. Your ad is viewed by nearly 400 youth, parents, and volunteers. Contact Cornell Cooperative Extension at (518) 234-4303, 296-8310 for more Information.