



# Schoharie County 4-H Newsletter



*A Publication of Cornell Cooperative Extension  
Schoharie and Otsego Counties*

Cornell Cooperative Extension | Schoharie and Otsego Counties

**October-November, 2020**



Julian Gagnon and mom, Laura, show Corn Husk Dolls they made during a recent meeting of Everything Under the Sun 4-H club.

4-H is a **community** of **young people**  
 **across America** who are learning  
**leadership, citizenship and**  
**life skills.**

**Cornell Cooperative Extension  
Schoharie & Otsego Counties  
4-H Youth Development Staff**

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**4-H Youth Development Mission Statement**

The mission of Cornell Cooperative Extension 4-H Youth Development is to build youth-adult partnerships to enable youth to become fully engaged in their learning process. New York State 4-H is a leader in enabling youth to develop the knowledge, skills, attitudes, and abilities to become productive citizens and is a catalyst for positive change to meet the needs of a diverse and changing society.

**Through 4-H Youth Development, youth will:**

- . Practice effective problem-solving and decision-making skills
- . Possess positive work attitudes and skills
- . Value diversity
- . Accept community and social responsibility
- . Contribute to positive relationships with families, peers, and community
- . Demonstrate communication and leadership skills
- . Value lifelong learning

**Cornell Cooperative Extension values:**

- . 4-H Youth development as the focus of all youth development activities
- . Partnerships for supporting, conducting, and extending the program
- . Volunteerism as a cornerstone of the program

The Cobleskill office is open Monday through Friday, 8:30 a.m. to 4:30 p.m.



Cornell Cooperative Extension, in collaboration with Cobleskill-Richmondville Central School and Schoharie Central School, provides afterschool programs that serve over 110 students in grades K-6. The program serves students at Schoharie Central (grades K-6) and Ryder and Radez Elementaries (K-6).

The after school program offers 4-H projects, indoor/outdoor recreation, arts, crafts, games, homework helper, and a nutritious snack. In addition, cultural exposure, computer literacy, conflict resolution, and service learning enrich and instill life-long skills. 4-H Youth Development Programs use experiential, research-based educational opportunities to develop youth independence, a sense of belonging, generosity, and mastery. For additional information, please contact After School Program Coordinator Susan Salisbury at [sms248@cornell.edu](mailto:sms248@cornell.edu), or 518-234-4304.

**Follow here for updates and activities on 4-H youth in the 4-H Afterschool Program**

The *Schoharie County 4-H Newsletter* is published eleven times a year by Cornell Cooperative Extension of Schoharie & Otsego Counties. The information provided here is with the understanding that no discrimination is intended and no endorsements by Cornell Cooperative Extension implied. Contents may be reproduced with credit given. Cornell Cooperative Extension is an employer and educator recognized for valuing AA/EEO, Protected Veterans, and Individuals with Disabilities and provides equal program and employment opportunities.

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# 4-H Calendar Events 2020



<b>OCTOBER</b>	
7-18	Tractor Supply 4-H Clover Promotion
12	<b>Columbus Day</b> —CCE Offices Closed
14	North Country 4-H Virtual Pet Workshop—CATS
21	North Country 4-H Virtual Pet Workshop—POCKET PETS
26	4-H Leader’s Meeting—Virtual or In Person—6:30p.m., CCE Conference Room
28	North Country 4-H Virtual Pet Workshop—DOGS
<b>NOVEMBER</b>	
TBD	4-H Achievement Event
4	CCE Annual Dinner—VIRTUAL
4	North Country 4-H Virtual Pet Workshop—REPTILES
11	<b>Veteran’s Day</b> —CCE Offices Closed
18	North Country 4-H Virtual Pet Workshop—BIRDS
26	<b>Thanksgiving</b> —CCE Offices Closed
<b>DECEMBER</b>	
5	4-H Officer Training, 9a.m. *TENTATIVE*
8	4-H Earn-An-Animal and Livestock Auction Information Night, 6:30p.m.
25	<b>Christmas Day</b> —CCE Offices Closed
<b>JANUARY</b>	
1	<b>New Year’s Day</b> —CCE Offices Closed
8	4-H Earn An Animal Application Deadline
18	4-H Sewing Clinic, Part 1, CCE Extension Office, 10a.m.-11:30a.m. *TENTATIVE*
23	4-H Sewing Clinic, Part 2, CCE Extension Office 9a.m.-10:30a.m. *TENTATIVE*
28	4-H Earn An Animal Interviews, CCE Extension Office, 6:30p.m.*TENTATIVE*
30	4-H Public Presentation Workshop, CCE Extension Office, 9:a.m.*TENTATIVE*



*Check out our YouTube Channel to view instructions on how to set up a Google Meet or Zoom account/session for virtual club meetings!*

<https://www.youtube.com/channel/UCMmjfy56z5sQ77px2ig455Q>





# Schoharie County

## 2020 *Virtual Showcase*

With the absence of the Schoharie County Sunshine Fair, CCE has collaborated to create a Virtual Showcase for 4-H youth. Although this showcase cannot replace the fair, we have created a memorable record to celebrate youth accomplishments this year. We are proud to have been able to provide a platform for 4-H'ers to showcase their hard work and perseverance.

The 2020 4-H Virtual Showcase is now available for viewing on the Association's webpage, [cceschoharie-otsego.org](https://cceschoharie-otsego.org), or from your TV, through the 4-H Schoharie & Otsego Counties YouTube Channel. [https://youtu.be/x\\_uUVrKb0WM](https://youtu.be/x_uUVrKb0WM)



# Club News



**The Happy Hoofsters** club visited Laraway's Wildlife Rescue recently. They donated supplies and food for the animals.

**Everything Under the Sun** club made traditional Native American Corn Husk Dolls at their first meeting of the new 4-H year.



**The Clover Club** is safely meeting each week to work on an Egg to Chicken Project using the 4-H project book, *Scratching the Surface*.

**Animal Aggies** met, electing a new slate of officers, decorating pumpkins, and helping to build a club scarecrow for National 4-H week and as part of the annual Cobleskill Rotary Scarecrow contest.

2020-2021 Club Officers: President- Claudia Walrath, Vice-President- Alex Badger, Secretary- Sydney Benac, Treasurer- Emma Rogers, Reporter- Annika Falco, Historian- Benjamin Walrath, Rec Leader- Nathan Kuehnle.



# 4-H Meeting & Activity Covid Safety Plan



## 4-H YOUTH DEVELOPMENT – 4-H Club Meeting & Activity Safety Plan

This document serves as the written safety plan outlining how Cornell Cooperative Extension of Schoharie and Otsego County (CCE) and the 4-H Youth Development Program will aid in the prevention of the spread of COVID-19. This document has been reviewed by the CCE of Schoharie and Otsego Counties Board of Directors.

The following procedures have been developed to facilitate the transitioning of staff and 4-H volunteers and participants to in-person activities in accordance with the Governor’s New York Forward phased approach to re-open New York State. This plan is a living document and will be updated and modified as preparation for future phases of the plan are rolled out and additional requirements are outlined by regulatory agencies. This plan was developed in coordination with the following:

- <https://www.cdc.gov/coronavirus/2019-ncov/index.html>
- <https://www.health.ny.gov/>
- <https://forward.ny.gov/>

The following staff have the primary responsibility to develop, maintain and/or implement the 4-H Club Meeting & Activity Safety Plan and will serve as contact persons when there is a need.

Name	Title	Email Address	Phone
Don Smyers	Executive Director	drs269@cornell.edu	518-234-4303 x116
Catherine Roberts	4-H Educator	cmr336@cornell.edu	518-234-4303 x113

### Overview

The following are general guidelines CCE Schoharie and Otsego Counties will be adhering to for the safety of the Association Staff, Volunteers, 4-H members and Community, per NYS Department of Health, Center for Disease Control, and Public Health recommendations. This plan will be updated as changes occur; 4-H volunteers will be notified of any changes in procedures. This plan as well as any updates will be posted for the public at the CCE Schoharie and Otsego Counties website, <http://cceschoharie-otsego.org/>

### COVID-19 Safety Plan

- I. **People**
  - a. All volunteers must attend a training conducted by CCE staff before resuming any 4-H club meetings or program activities.
  - b. All 4-H volunteers & members must read, sign & submit to the CCE office the COVID-19 Assumption of Risk form **prior** to participating in any 4-H club meeting or event.
  - c. CCE staff will be responsible for sharing best practices with 4-H volunteers and participants to ensure that proper procedures are being followed:
    - i. Physical Distancing: Ensure 6 ft. distance between participants, unless safety or core function of the activity requires a shorter distance.
    - ii. Face Coverings: Any time participants are less than 6 ft. apart from one another they must wear acceptable face coverings. It is suggested that everyone wear masks at all times to be prepared for closer contact.



## 4-H YOUTH DEVELOPMENT – 4-H Club Meeting & Activity Safety Plan

- iii. Tightly confined spaces will be occupied by only one individual at a time, unless all occupants are wearing face coverings. If occupied by more than one person, occupancy will be kept under 50% of maximum capacity.
  - iv. Prevent youth from touching each other through games & activities.
- II. Meeting Guidelines**
- a. To ensure the safety of all participants, volunteers planning to hold a 4-H meeting/event, must notify 4-H staff and submit a meeting/event plan for approval two weeks prior to the event using the Meeting Safety Plan Checklist provided by us.
  - b. There should be no more than 50 people (includes total of volunteers, youth participants, parents, speakers, etc.) at a meeting. Depending on the capacity of the given space, attendance may be limited to less than 50. Written documentation of attendance is required (more details under # h).
  - c. The meeting time should be limited to no more than 1.5 hours.
  - d. Meetings must not take place inside private homes. Hold meetings outdoors whenever possible or a larger public facility.
  - e. Social distancing & face mask procedures as described in Section I must be followed.
  - f. Hand sanitizer should be available at all times.
  - g. Only single serve, commercially prepared, food and drink should be provided. Participants are welcome to bring their own water (clearly labeled with their name) for hydration.
  - h. Volunteers must complete a meeting log to document attendance and health screening which will also be used as a tracing mechanism. A meeting log is attached. A copy must be sent to the CCE office following the meeting or event. This will include:
    - Date and time of event
    - Who was there – including parents, youth participants, siblings, presenters, etc.
    - Verification of a completed Health Screening. (Health screenings cannot be kept by the volunteer)
    - Physical address of the event
    - Where the event or meeting was held (specifics: outside on the lawn, in the barn...)
    - How long the event lasted
  - i. Meeting notices will include the questions stated below. If someone answers ‘yes’ to any of the questions then they must not come to the meeting or event. Health screenings will be presented to the designated 4-H volunteer & checked off if approved. Any paper copy must be returned to the parent/adult. No 4-H volunteer must keep these to abide by HIPPA guidelines. The Health Screening is attached.
  - j. There will be youth and families who are not comfortable meeting in person at this time. It is critical that these decisions are respected and that there is no pressure applied, or opportunities withheld, due to a decision not to participate.



### 4-H YOUTH DEVELOPMENT – 4-H Club Meeting & Activity Safety Plan

- III. Places: Building & Meeting Space**
- Meetings and events will take place at a public facility or space where social distancing can be complied with. **Meetings must not take place in private homes.** Outdoor meetings or open air venues are strongly suggested.
  - Meeting organizers are responsible for having PPE items available to attendees. This includes face masks, hand sanitizer and cleaning products.
  - CCE will provide needed PPE items at the request of the meeting organizer.
  - Each group is responsible for cleaning and maintaining the area in which they use for programs or meetings.
  - Post signage at doors and around the meeting space to remind participants of social distancing protocols/ expectations. CCE will provide reproducible signage for 4-H Volunteers to use.
- IV. Hygiene and Cleaning**
- Adhere to hygiene and sanitation requirements from the Centers for Disease Control and Prevention (CDC) and Department of Health (DOH). Training for volunteers and event organizers on proper use of PPE and hand washing must be completed prior to the meeting or event.
  - Modify high-touch surfaces (e.g., propping doors open) to help participants from unnecessarily touching surfaces.
  - Prevent youth from touching each other through games & activities.
  - Limit the sharing of objects and discourage touching of shared surfaces; or, when in contact with shared objects or frequently touched areas, wear gloves (trade-appropriate or medical); or, sanitize or wash hands before and after contact.
  - Hand-sanitizer is available from CCE for 4-H-sponsored activities and events.
  - It is the meeting organizer's responsibility to properly clean any equipment used during a meeting or event in a CCE space. This includes, but is not limited to chairs and tables, door handles, equipment and any and all surfaces used by the group.

**V. Travel**

- Only family members may travel together in the same vehicle for a 4-H event.
- 4-H volunteers and program organizers cannot transport non-family program participants.
- Until otherwise documented essential travel only.



### 4-H YOUTH DEVELOPMENT – 4-H Club Meeting & Activity Safety Plan

**VI. Communication**

- A designated volunteer must review safety practices with those in attendance at the beginning of each meeting.
- Signage must be posted throughout the meeting space to remind users to adhere to proper hygiene, social distancing rules, appropriate use of PPE, and cleaning and disinfecting protocols.
- Meetings Logs with a list of every person who may have close contact with other individuals will be kept at the CCE office.
- If any participant in a 4-H-sponsored meeting or event tests positive for COVID-19, they must communicate the results with the 4-H Educator, Catherine Roberts or Executive Director Don Smyers.
- This 4-H Club Meeting & Event Safety plan will be posted on the CCE website and communicated to the 4-H volunteers and program participants via the 4-H newsletter, volunteer mailings and meetings.

**VII. Exposure Response Process**

- To prevent exposure, stay-at-home requirements apply to any youth participant or sibling, parent or volunteer that are exhibiting any health-related symptoms such as:  
 Cough  
 Shortness of breath  
 Difficulty breathing  
 Fever  
 Nausea/vomiting  
 Diarrhea  
 Headache  
 Congestion/runny nose  
 Chills  
 Muscle pain  
 Sore throat  
 New loss of taste or smell
- The CDC states that symptoms may appear 2-14 days after exposure to the virus.
- If a 4-H participant tests positive following a 4-H sponsored event, the local health department will be notified and cooperate with contact tracing efforts, including sharing the list of those who had close contact with the individual during a 4-H sponsored event, while maintaining confidentiality required by state and federal laws and regulations.
- Isolation, containment and contact tracing procedures will be followed as required and advised by the CDC, NYS Department of Health, and Schoharie County Public Health.

**Affirmation:**

Affirm you have reviewed and understand these safety expectations, and that you will implement them.

4-H Volunteer/Program Organizer: \_\_\_\_\_ Date: \_\_\_\_\_

4-H Educator: \_\_\_\_\_ Date: \_\_\_\_\_





# 4-H Nation!

**STEM CHALLENGE MONTH**  
**October 1 - 31**

# MARS

BASE  CAMP

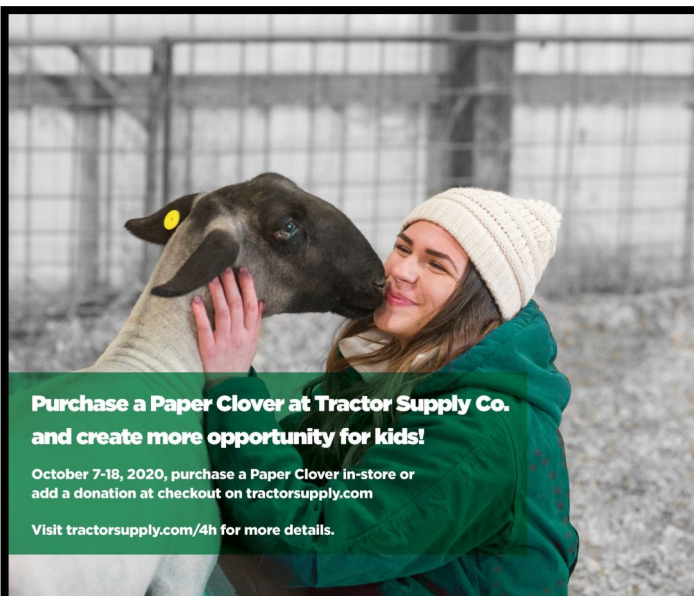
**Explore a hands-on mission to Mars at home!**



Kits can be ordered at [shop4-h.org](http://shop4-h.org)

Contact Catherine Roberts

[cmr336@cornell.edu](mailto:cmr336@cornell.edu) OR (518)234-4303 ext 113



**Purchase a Paper Clover at Tractor Supply Co.  
and create more opportunity for kids!**

October 7-18, 2020, purchase a Paper Clover in-store or  
add a donation at checkout on [tractorsupply.com](http://tractorsupply.com)

Visit [tractorsupply.com/4h](http://tractorsupply.com/4h) for more details.



**Show your support for  
all things 4-H by  
purchasing a Paper  
Clover at Tractor  
Supply Store. All  
proceeds go towards  
Schoharie County 4-H  
programs.**

# Upcoming 4-H Events

## 4-H Leader Meeting

Monday, October 26  
6:30pm @ Zoom or CCE



In Person *and* Virtual Option.

We will be discussing:

- \*Club Meeting Procedures
- \*Upcoming Events
- \*Achievement Night Possibilities

Registration Required by October 22 .

Catherine Roberts  
cmr336@cornell.edu  
(518)234-4303 ext 113



## 4-H Achievement Event



4-H ACHIEVEMENT EVENT  
COMING IN NOVEMBER  
*\*TENTATIVE\**

The Schoharie County 4-H Program  
WILL HOLD  
An Annual Achievement Event  
To Recognize our 4-H members.  
Further information will follow.  
Watch for Facebook & Email updates.

Catherine Roberts, Schoharie Co. 4-H Educator  
cmr336@cornell.edu  
518-234-4303 ex 113



4-H Officer Training  
Saturday, December 5, 9am  
CCE Extension Center  
OR Virtual (TBD)



Send your new or aspiring 4-H Officers!

Training offered for  
President/Vice President, Secretary, Treasurer,  
Reporter, Historian, Song Leader/Recreation.

Registration required

by November 30

Catherine Roberts, cmr336@cornell.edu

518-234-4303, ext 113

I pledge...

my *head* to clearer thinking,  
my *heart* to greater loyalty,  
my *hands* to larger service, and  
my *health* to better living for  
my *club*, my *community*,  
my *country*, and my *world*.



## Earn-An-Animal AND Livestock Auction Information Night



The 4-H Earn-An-Animal and Livestock Auction programs allows 4-H members (ages 8-19) to earn funding toward a project animal to raise and show as their own. These programs require dedication from the youth member and support from their guardians. Youth accepted into the programs will not only learn how to care for their animals, they will experience the process of researching, selecting and purchasing an animal. Participants accepted into the programs will further develop their planning, time management, organization, and recordkeeping skills.

Tuesday  
December 8,  
2020  
CCE Extension  
Center,  
6:00p.m.

18 USC 707

To sign up or for more information, contact Catherine Roberts  
(518)234-4303 OR cmr336@cornell.edu

*"Cornell Cooperative Extension provides equal program and employment opportunities"*

# Upcoming 4-H Events

## HORSE ACADEMY

Eastern National 4-H Horse Round Up is offering special opportunities to youth (ages 13 & up), coaches, volunteers, and Extension staff. The goal is to promote knowledge gain, growth, and success in national level educational contests. For more information, please visit [www.4hroundup.com](http://www.4hroundup.com).

### HORSE JUDGING

#### Virtual Practice Contest

Contest- Nov. 1-7, 2020  
Feedback provided by Dec. 1, 2020  
Open to Senior 4-H members only,  
\$10 Online Registration Fee

### COMMUNICATION CONTESTS

#### Ask the Judges Panel Discussion

Nov. 5, 2020 7PM EST  
\$5 Online Registration Fee

### HIPPOLOGY CONTEST

#### Tips & Tricks Panel Discussion

Phase Strategy Videos-Nov. 1-7, 2020  
Panel - Nov. 12, 2020 7PM EST  
\$5 Online Registration Fee

### HORSE BOWL CONTEST

#### Competitive Edge Panel Discussion

Nov. 19, 2020 7PM EST  
\$5 Online Registration Fee

Registration Opens: October 12

For Registration Info Contact:

Catherine Roberts: [cmr336@cornell.edu](mailto:cmr336@cornell.edu)

## North Central 4-H District

Presents

### Loving Our Pets



This 5 part virtual series will provide youth participants the opportunity to learn about common pets: dogs, cats, birds, pocket pets, and reptiles. The series will be held virtually on Wednesday nights at 6:30pm for 30-45 minutes. Each session may be a combination of games, videos, expert interviews, and guest pets. Topics may include care and husbandry, health and disease, where to purchase or adopt from, and how to be the best pet owner.

- There is no fee to participate in *Loving Our Pets*
- Program is open to youth 5-19 years of age. Content will be at 5th grade level.
- Pre-registration is required so the virtual link can be shared in a safe manner.
- Do not have to attend all sessions. Project completion will be provided to those that participate in at least 4 sessions.

#### Schedule of Presentations

October 14th: Cats  
October 21st: Pocket Pets  
October 28th: Dogs  
November 4th: Reptiles  
November 18th: Birds

*Loving Our Pets* is coordinated and taught by Oswego, Onondaga, Oneida, Madison and Herkimer 4-H Programs.



For more information or to register, contact,

Catherine Roberts

Schoharie County 4-H Educator

[cmr336@cornell.edu](mailto:cmr336@cornell.edu) OR (518)234-4303 ext 113

## 4-H 2020 VIRTUAL STEM SUMMIT



Your team of astronauts is stranded on Mars. Your supplies are dwindling. How will you survive, and how will you return to Earth? At the 2020 virtual STEM Summit on November 6-8, students will work with peers and group leaders to solve this challenge. Each exercise will test and strengthen participant's STEM skills and the teamwork and collaboration it takes to solve complex problems in the

real world. **REGISTER NOW**

For Information or to Register,

Contact:

Catherine Roberts

[cmr336@cornell.edu](mailto:cmr336@cornell.edu) OR (518)234-4303 ext 113

**SAVE THE DATES!**

**Career AGsperience Program**  
Come AGsperience Your Future with Us!  
Unlock the Mysteries and Learn the Untold Secrets of Preparing for a Successful Career.

**Explore:**  
Career Planning  
Resume Development  
Internship Acquisition  
Interviewing Skills  
Business Etiquette  
Agriculture Related Careers and Beyond

Open to any youth between 13-18 years old!  
Information gained will be great for any career/college choice, not just AG related!

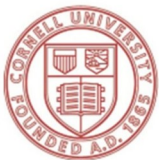
**FREE PROGRAM • 6:30-7:45pm**  
October 14th-November 18th  
(Every Wednesday)  
Register at:  
<https://forms.gle/VlJ9bCRZX14H7eP69>



**Cornell University**  
 Cooperative Extension  
 Schoharie and Otsego Counties  
 173 South Grand Street, Suite 1  
 Cobleskill, NY 12043



<https://www.facebook.com/schohariecounty4H>

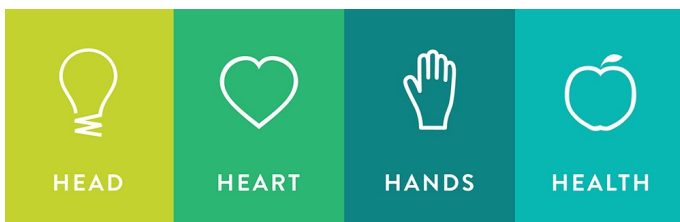


**Cornell University**  
 Cooperative Extension  
 Schoharie and Otsego Counties

 **4-H GROWS HERE**

**Cobleskill  
Office Hours**

**Open Monday through Friday  
8:30 a.m. to 4:30 p.m.**



Support local 4-H youth development by reducing our publication and mailing costs. Your ad is viewed by nearly 400 youth, parents, and volunteers. Contact Cornell Cooperative Extension at (518) 234-4303 ext 113 for more Information.