Cornell Cooperative Extension
Schoharie and Otsego Counties

Connections

The News Magazine of Cornell Cooperative Extension Schoharie and Otsego Counties

JULY-SEPTEMBER 2024

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Come Visit!

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12th Annual Family Farm Day

Saturday, August 24, 2024, 10-5 p.m.



On Saturday, August 24, 2024, CCESO will present the 12th Annual Family Farm Day (FFD). The day is a unique opportunity for visitors to experience engaging "open farm" tours, demonstrations, tastings, interactive activities at participating farms in Schoharie, Otsego, and Delaware Counties.

Family Farm Day is a unique opportunity for visitors to learn about the role participating farms play in local agriculture, for farms to share their ever-evolving 'stories,' and to emphasize the importance of family farms in our region. After over a decade of growth and change, the FFD event continues to thrive. With 36 farms participating and open to the public there is always something new to see—no matter how many times you've participated in Family Farm Day!

Pick up a 2024 Family Farm Day guide at your local CCE office, farmers' market, or brochure stand, or make the most of the day by planning

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173 South Grand Street, Suite 1
Cobleskill, NY 12043
518-234-4303
e-mail: schoharie@cornell.edu

123 Lake Street
Cooperstown, NY 13326
607-547-2536
e-mail: otsego@cornell.edu

www.cceschoharie-otsego.org

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Subscribe to CCESO's "Connections EXTRA!" email bulletin and follow CCESO's agriculture-focused social media profiles to receive timely news about agricultural events and opportunities. CCESO's agricultural social media pages include a general agriculture profile on Facebook @CCESchoharieand OtsegoAG as well as Family Farm Day-specific Facebook and Instagram profiles @FamilyFarmDay. Contact us at schoharie-otsego@cornell.edu or 518-234-4303 x111 to learn more about CCESO's agriculture program, or to sign up to receive the ***Connections EXTRA!*** email bulletin.

Find Us Online

Visit us at **cceschoharie-otsego.org**

Like us on **Facebook**:
- **Main association news:** CCESchoharieOtsego
- **Nutrition education:** EFNEPCCESchoharieOtsego; HeathyConnectionsCCESchoharieOtsego
- **Master Gardeners:** CCEOtsegoMG; CCESchoharieMG
- **4-H:** schohariecounty4H; otsegocounty4H
- **Ag education and programs:** CCESchoharieandOtsegoAG; AnniesProjectNYS; FamilyFarmDay
- **Farm to School:** LocalFoodsHealthySchools

Follow us on **Instagram**:
- **Master Gardeners:** otsegomastergardener
- **Family Farm Day:** familyfarmday

Follow our **blog**:
- **Nutrition education:** Life's Solutions: blogs.cornell.edu/efnep-schoharie-otsego

Our Mission

Cornell Cooperative Extension puts knowledge to work in pursuit of economic vitality, ecological sustainability, and social well-being. We bring local experience and research-based solutions together, helping New York State families and communities thrive in our rapidly changing world.

Send Your Comments

CCE Schoharie Otsego offers unbiased, research-based education and outreach to improve the lives of all residents of both counties. We want to hear how CCESO's resources have helped you, and we welcome feedback about how we can improve. Please send your comments to the CCESO offices in either county, or contact Executive Director Liz Callahan at eac283@cornell.edu. Thank you!

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Elizabeth Callahan, Editor
Cathleen Berry, Associate Editor, Design, and Layout
Madelyn Sanchez Taylor, Proofreader

173 South Grand Street, Suite 1
Cobleskill, NY 12043
518-234-4303 or 518-296-8310
schoharie@cornell.edu

123 Lake Street
Cooperstown, NY 13326
607-547-2536
otsego@cornell.edu

www.cceschoharie-otsego.org

Office hours both locations:
8:30 a.m.–4:30 p.m. Monday–Friday

New York State College of Agriculture and Life Sciences, New York State College of Human Ecology, and New York State College of Veterinary Medicine at Cornell University, Cooperative Extension Associations, county governing bodies, and U.S. Department of Agriculture, cooperating.

Family Farm Day, continued from page 1







your route through an interactive map at **familyfarmday.org**. The interactive map, which will be live in early August, and will link to farm websites, social media, farm GPS locations, travel directions, photos, and descriptions of the farms and FFD activities offered.

Visit as many farms as your schedule permits between 10 a.m. and 5 p.m. and be sure to bring coolers or insulated grocery bags to take home delicious, local, farm-fresh products from participating farms!

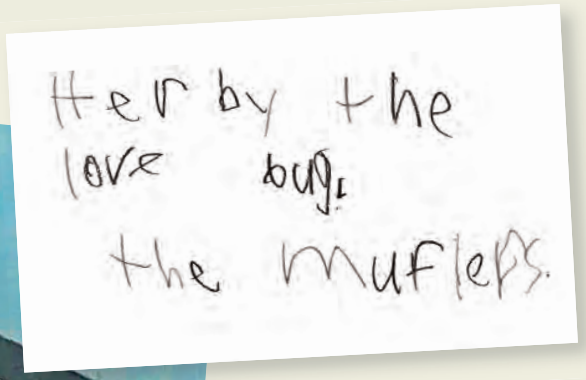
For everyone's safety, please remember:

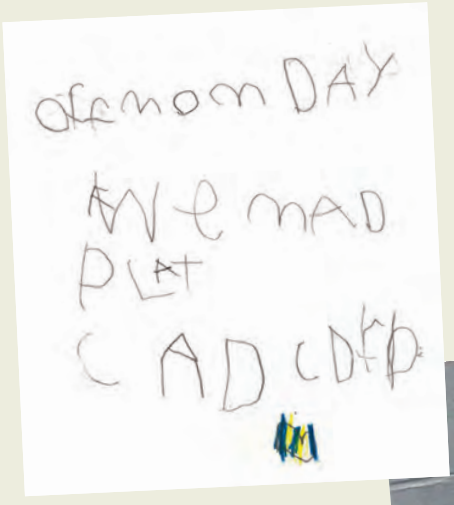
- **Pets are NOT allowed on participating farms;**
- **Please remain in designated areas while on farms.**

Family Farm Day is an agritourism collaboration among CCE Schoharie and Otsego Counties and CCE Delaware County, in collaboration with local farms; Delaware County Tourism; Destination Marketing Corporation—Otsego & Schoharie County Tourism; Delaware, Otsego and Schoharie County Farm Bureaus; and many generous and loyal sponsors.

The 4-H Afterschool Newspaper Club Report











we color eggs.
I Love to
diy the egg.



I like this Feig
Because it heve
My Fiend.

I like this Feig
Because i heve
the Post.

Schoharie and Otsego Counties 4-H Happenings

In March, 4-H youth eagerly showcased their knowledge of the dairy and horse species by participating in their district 4-H quiz bowl team-style competitions. In April, youth from both Otsego and Schoharie Counties who placed as top individuals at their district events, attended the NYS Dairy Quiz Bowl competition at Cornell University. In addition, top 4-H individuals who gave outstanding 4-H public presentations at their county-level events back in February and March, attended the South-Central District and Capital District Public Presentations events. Congratulations to all youth participants for their 2024 Quiz Bowl and Public Presentations achievements!

The Tractor Supply Company Spring 4-H Paper Clover Sale began on April 24 and ran through May 12. With the support of Tractor Supply Company, Paper Clover donations were collected to help provide program scholarships for 4-H youth interested in attending 4-H camps and other leadership events. Thank you to all who donated and who helped make the Spring Paper Clover Sale possible!

In early May, youth from both Schoharie and Otsego Counties attended Cornell University's







Animal Crackers "All Creatures Great and Small" program. Youth participants were provided with fun, hands-on, science-oriented learning experiences from Cornell University faculty, staff, students, professional producers and industry experts. This year, the program highlighted beef, swine, dog, and horse species.

Throughout the spring, NYS 4-H has been providing virtual animal science learning opportunities for youth across the State. These virtual classes included a six-part livestock judging series focusing on market and breeding cattle, swine, sheep and goats; a three-part poultry judging series; and a three-part dairy judging series.

Both Otsego and Schoharie County 4-H programs participated in their district Livestock Skill-a-Thon contests in early May. The Livestock Skill-a-Thon contest tests a 4-H member's knowledge and comprehension of animal science and livestock management practices. It provides an opportunity for youth to gain and develop production livestock skills and life skills through a competitive environment. In addition to the district-level contests, 4-H youth will have the opportunity to participate in the state-level contest on August 26 at the New York State Fair.

In May, 4-H teen delegates from across the state gathered in Albany for the annual New York State 4-H Capital Days event. During this event, youth became aware of career opportunities in New York government, gained a better understanding of state government, and also had the opportunity to visit the Assembly and Senate Chambers, NYS Court of Appeals and Capital building.

Otsego County 4-H Happenings



Otsego County 4-H Clubs have been busy meeting and working on 4-H projects. 4-H members have been learning about how to show goats, bees and honey, art history, recycling and composting, how to make kites, creating art from nature, cleaning up flower beds at community centers and practicing driving horses as part of a team. The Otsego County 4-H Dog program has been holding workshops to work on their tricks and learn about grooming and handling their dogs for upcoming dog shows.

The 2024 4-H Livestock Auction will feature 27 4-H members selling more than 30 market animals on Saturday, August 3, at 3 pm at the Otsego County Fair in Morris.



In June the Otsego County 4-H program held a Child Care "Babysitting" clinic at the Rowe House in Oneonta. 4-H members learned how to run a babysitting business which includes child development, first aid and safety, nutrition, toys and activities and how to keep business records. Participants put together a "Babysitting Magic Bag" to take home and use for their businesses.

Schoharie County 4-H Happenings



In April Schoharie County 4-H youth participated in the 2024 Capital District National Safe Tractor and Machinery Operation Program, earning a U.S. Department of Labor's Certificate of Completion. And Schoharie County 4-H'ers, in collaboration with the Middleburgh Rod and Gun Club, held a 4-H Shooting Sports Archery Workshop. 4-H youth learned basic rules of safety, proper equipment selection and care, and beginning shooting techniques.



The 2024 4-H Earn-An-Animal (EAA) program is underway, with four Schoharie County 4-H youth participants earning two dairy calves, one dairy goat and one rabbit. The EAA program allows for youth ages 8-18 to earn funding towards a project animal to raise and show as their own. Youth complete project records to track animal nutrition, feeding, growth, health, costs, and overall project participation. Youth attend animal clinics to learn how to safely care for and handle their animal as well as attend competitions to showcase fitting and showmanship skills and their animal's breed characteristics.

Schoharie County Master Gardener Volunteers in collaboration with Hessian Hill Farm has worked to offer the 4-H Sow, Grow & Show Gardening Series to 4-H youth participants across the county. Youth learned about the planting, transplanting and direct sow of various plants, flowers and herbs. The 4-H Garden at the Sunshine Fairgrounds has been planted! Come see it at the 2024 Schoharie County Sunshine Fair! Produce and flowers grown by 4-H youth will also be on exhibit within the Exhibit Hall.



Schoharie County 4-H'er Lizzy Zurek participated NYS 4-H Capital Days in May. After attending Capital Days, she returned to Albany as the guest Assemblyman Chris Tague (pictured). While in Albany, she also met Senator Peter Oberacker and Deputy Director of Ways and Means Committee David Young.

Cornell Cooperative Extension
Schoharie and Otsego Counties

Come Visit!

EVENINGS IN THE GARDEN

Cornell Cooperative Extension
123 Lake Street, Cooperstown NY

Demonstration Gardens include: All-American Selections, Native Plants, Deer Resistant Plants, Sensory Garden Plants, Cornell's Vegetable Variety Garden Trial Garden, Perennial, Annuals, Pollinators and Vegetable Beds

Gardens open daily for self-guided viewing from dawn to dusk
OR
Join us in the evening for Master Gardener Volunteer and professionals led discussions on the below topics:

Evening Garden Topics:

July 18 (4-5:15 pm)- Herbs *with Gert Coleman*
July 25 (4-6 pm)- All-America Selections Tour *with Sue Jones*
August 22 (4-6 pm)- Cornell Vegetable Variety Garden Trial Garden of Eastern European Vegetables
September 26 (4-6 pm)- Harvesting and Cover Crops

Programs are free and open to the public. Pre-registration is not required but requested.
For more information visit www.cceschoharie-otsego.org or call 607-547-2536

CCE Demonstration Gardens on Display in Cooperstown & Cobleskill



CCESO's Master Gardener Volunteers (MGVs) maintain demonstration gardens at both the Otsego Education Center (Cooperstown) and the Schoharie Extension Center (Cobleskill). The demonstration gardens are designed to educate the community in horticulture, are open to the public, and free to visit.

The Cobleskill demonstration garden is dedicated to the Cornell Vegetable Varieties Garden Trials (VVGT), which highlights a different geographic area every year. This year the garden is focused on eastern European vegetables from Hudson Seed Company. The Schoharie MGVs tend this garden, taste the veggies, and report on the results. Signage with information about each plant is on display in the garden.

2024 is the second season that the Otsego MGVS are tending the new 12-bed demonstration garden in Cooperstown. Each bed is dedicated to a different theme and designed to showcase a variety of gardening and gardening techniques. The Otsego Garden also showcases the VVGT garden, as well as All American Selections, native plants, deer-resistant plants, perennials, annuals, pollinator, and vegetable beds.

Both demonstration gardens are open for self-guided viewing daily from dawn until dusk. Several evening programs are scheduled this summer at the demonstration garden in Cooperstown. Master Gardener Volunteers and local professionals will be onsite to answer garden-related questions and lead discussions on the specific topics, including:

- **July 18 (4-5:15 p.m.)—Herbs!** Gert Coleman will lead participants on a discussion and tour of the herbs in the garden. **Please note that this is not a drop-in program, rather a hands-on program focused on herbs. Participants are asked to attend the entire program.
- **July 25 (4-6 p.m.)—All-America Selections Open House:** Tour the garden and see new plant varieties that have the distinction of being designated as All-America Selections (AAS). These varieties have been chosen for outstanding garden performance by professional horticulturists.
- **August 22 (4-6 p.m.)—Cornell Vegetable Varieties Garden Trial of Eastern European Vegetables:** This year's Vegetable Varieties Garden Trial focuses on Eastern European vegetables. This is one of several trial gardens throughout the state that is used to trial annual and perennial vegetable varieties for Cornell University. The trial garden will help Cornell researchers evaluate things like germination rates, disease resistance, growth habits, and vegetable and fruit production, while showcasing gardening techniques that can be used by home gardeners.
- **September 26 (4-6 p.m.)—Harvesting and Cover Crops:** Join Otsego Master Gardener Volunteers for a discussion on harvesting your vegetables, seed saving, and cover crops.

Protecting Yourself from Ticks

Enjoy yourself this summer but don't forget to protect yourself against tick bites and tick-borne diseases. Prevent tick bites by wearing light clothing so that you can see the ticks more easily. Tuck your pants into your socks to make it more difficult for the tick to get to your skin. Permethrin impregnated clothing repels ticks and is considered safe to use. For further protection, use insect repellents on skin not covered by permethrin treated clothing. You can buy treated clothing or spray it on your clothing yourself, following the manufacturer's instructions. If you are hiking in woods, stay on the path and avoid tall grasses and shrubs.

Do at least one tick check per day. If you are bitten by a tick, remove it safely by using tweezers. Grab the head only; not the body and pull up firmly without twisting. Clean your skin with soap and water or use an alcohol cleanser. Wrap the tick in toilet paper and flush it. Don't forget to check your furry friends for ticks. And teach your children how to do a tick check.



Cornell CALS Integrated Pest Management has a web page that will provide further information, including limiting ticks in your yard. Follow this link: **cals.cornell.edu/new-york-state-integrated-pest-management/outreach-education/whats-bugging-you/ticks/protect-yourself-ticks#clothing**

Plant Sale Re-cap



After months of carefully growing and tending to thousands of plants, CCESO's Master Gardener Volunteers hosted successful plant sales in Otsego County and Schoharie County. The plant sale in both counties acts as a fundraiser to promote garden-based education. A special thank you to all the people who purchased plants to support this mission and the volunteers who helped at the events. And a very special thank you to all the Master Gardener Volunteers who spent countless hours in planning, growing and loving these plants; sharing their gardening knowledge and teaching shoppers; and collaborating to make these events happen. A special thanks to SUNY College at Cobleskill for hosting the Schoharie MGV Plant Sale.

Sow, Grow, and Show!

Schoharie Master Gardener Volunteers and 4-H'ers joined forces to collaborate on a growing and gardening project at the Schoharie County "Sunshine" Fair Grounds in Cobleskill. Planning began in February with selecting seeds and deciding on a garden design. 4-H volunteer, Lois Goblet, graciously allowed the group to utilize her greenhouse to start many plants from seed. In June the 4-H'ers planted the seeds they selected and started in the Sunshine Fair 4-H Garden. The garden will be open and on display at the Schoharie County Fair in August. Many of the 4-H'ers will use this experience for fair entries.









The Preparedness & Resiliency Cookbook:

Eating well during natural disasters and other times of hardship



Folks living in upstate New York are not strangers to power outages. A blizzard, ice storm, or hurricane might create a situation where you and your family have limited access to the conveniences of a refrigerator, freezer, electric appliances, running water, or an oven.

But eating well and making good food choices is important every day, even when times are rough. This cookbook makes that task easier.

A collaborative effort created by experts from seven universities including Cornell University, the *Preparedness & Resiliency Cookbook* is a guide to help you and your family prepare and plan for a week—or more—worth of meals and snacks.

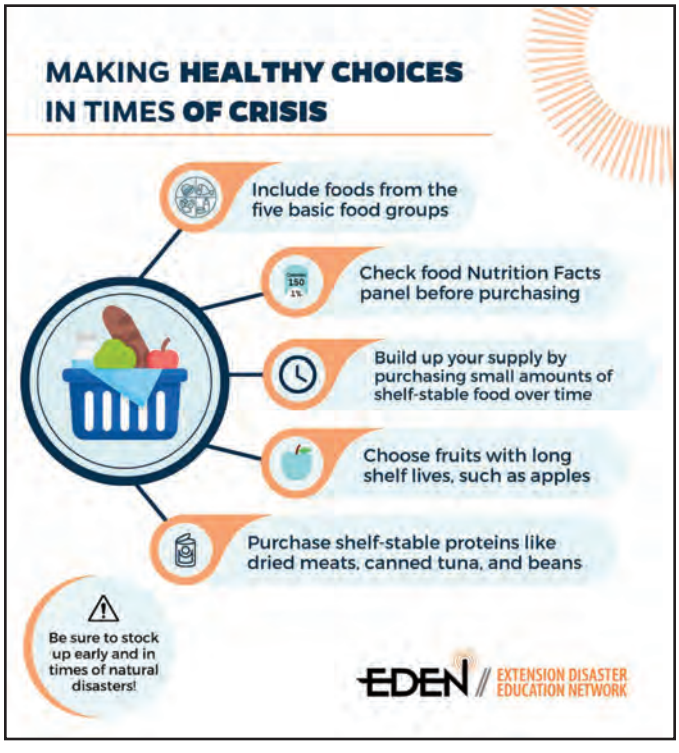
Most of the ingredients are based on canned, boxed, or bottled non-perishable food items. The fresh fruits and vegetables are ones that can be kept without refrigeration for a few days. Some recipes require no cooking, though some do expect that you will be able to cook for short times using a skillet or similar. A few ask that you boil pasta using bottled water.

There are 26 recipes in total—broken into breakfast, lunch, dinner, and snacks—plus room for you to write in other recipes that your family might enjoy. In addition to the recipes, this resource also includes:

- a list of items to consider when selecting emergency food supplies
- a few tips on choosing emergency food supplies
- a handy shopping list for your pantry (consider purchasing shelf-stable packets of mayonnaise and other condiments rather than jars that might need to be refrigerated after opening)
- guidance on keeping your food safe during a power outage
- a list of ingredient substitutions (for example, you can make your own prepared mustard from dried mustard, water, vinegar, and sugar)

A sample recipe is included below. You can access the complete cookbook online at **tinyurl.com/PreparednessResiliencyCookbook**. There is no fee to print a copy to keep in your pantry along with your emergency food supplies.

If you have any questions or comments about this cookbook or our nutrition education programs, we'd love to hear from you! Reach out to our nutrition educator: Michelle Leveski, mml39@cornell.edu.



Chicken Apple Salad Sandwich

Serves 4

by Simple Healthy Recipes Oklahoma Nutrition Information and Education ONIE Project



Photo from myplate.gov

Nutrition Facts

4 servings per container

Serving size	1 Sandwich
Amount Per Serving	
Calories	**260**
	% Daily Value*
Total Fat 7g	9%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 15mg	5%
Sodium 450mg	20%
Total Carbohydrate 40g	15%
Dietary Fiber 5g	18%
Total Sugars 14g	
Includes 3g Added Sugars	6%
Protein 11g	22%
Vitamin D 0mcg	0%
Calcium 105mg	8%
Iron 2mg	10%
Potassium 344mg	8%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

1 (12.5-ounce) can of chicken
1 chopped celery (1 stalk)
1 chopped apple, medium
1/3 cup light mayonnaise
1 lemon, juiced
1 small box (1-1/2 oz) raisins
8 slices whole wheat bread
Chopped walnuts (1 cup, optional)

Directions

1. Wash hands with soap and water.
2. Combine all ingredients except for bread together in a bowl.
3. Create four sandwiches on whole wheat bread.

EFNEP
Expanded Food and Nutrition Education Program

Join Cornell Cooperative Extension's Nutrition Programs

- ✓ Build habits of healthy eating and activity for a lifetime
- ✓ Learn to make meals that save time and money
- ✓ Try out new dishes and skills
- ✓ Practice food safety and reduce food waste when selecting, prepping, and storing food

EFNEP
Expanded Food and Nutrition Education Program

healthy-connections.us
FOOD · NUTRITION · FITNESS

Find us on the web at cceschoharie-otsego.org or on Facebook at EFNEP CCE Schoharie & Otsego Counties

Call today to enroll or for more information 518-234-4303

Food Gardening Network

Cornell Cooperative Extension of Schoharie and Otsego Counties (CCESO) is gathering information about Otsego and Schoharie County organizations' efforts to maintain and grow food gardens for their constituents. Organizations interested in expanding their capacity to address food insecurity through gardening and garden-based education are encouraged to connect with CCESO and complete the survey. The goal is to gather information about which organizations are currently managing food gardens, where they are located, what are the challenges of maintaining the garden, and who they serve. This network is also open to organizations that are interested in starting a food garden.

To complete the survey, click QR code, or visit **cceschoharie-otsego.org**.



For questions or more information, please email Marcie Foster, Horticulture and Natural Resources Educator, at mkf48@cornell.edu, or call 607-547-2536 ext. 235.

All About Herbs Program at Cornell Cooperative Extension Garden

All About Herbs! Herbs and spices are more than just culinary enhancements or seasonal flowers in the garden. These potent, fragrant botanicals have earned their rightful places in the home apothecary, bath, and boudoir as well as in both household and industrial applications.

Cornell Cooperative Extension of Schoharie and Otsego Counties (CCESO) new demonstration garden at 123 Lake Street in Cooperstown showcases many wonderful herbs! Join local herbal educator, Gert Coleman, for a fun and hands-on presentation of the many herbs in the CCESO gardens, both familiar (parsley, basil, rosemary, lavender, rose, lemon verbena, etc.) and new (anise hyssop, rubus, yarrow, capsicum, foxglove, lungwort). The program will be held on Thursday, July 18, 2024, from 4-5:15 p.m. Weather permitting, the talk will be outdoors in the gardens.

Herbal educator, writer, gardener, editor, and herb enthusiast, Gert Coleman loves, grows, eats, and reads avidly about herbs. Retired professor of English, she lives on 100+ acres in Central New York, growing herbs, flowers, trees, and at-risk native plants with her husband and dog. As an herbal educator, she has taught humorous and informative programs for all ages at parks, museums, and conferences; helped maintain a 70' x 70' colonial herb garden for three decades; apprenticed with Rosemary Gladstar; compiled and edited five Herb of the Year™ books; and writes about the legends, lore, and poetry of herbs. In addition, she teaches workshops on nature writing in the wild places of New York and beyond.

The All About Herbs program is free is open to the public.

For more information and to pre-register, visit Cornell Cooperative Extension of Schoharie and Otsego County's community programs and events at **cceschoharie-otsego.org** or call 607-547-2536 ext. 235. Stay connected to CCE Master Gardeners' daily postings at **facebook.com/cceotsegoMG** and follow CCE Schoharie and Otsego on Facebook at **facebook.com/CCESchoharieOtsego**.

Cornell Cooperative Extension is an employer and educator recognized for valuing AA/EEO, Protected Veterans, and Individuals with Disabilities and provides equal program and employment opportunities. Please contact the Cornell Cooperative Extension of Schoharie and Otsego Counties offices if you require an accommodation.

Program Events

Visit **cceschoharie-otsego.org** to see the most up-to-date listings offered.

Independence Day (offices closed)
Thursday and Friday, July 4-5, 2024

The Farmers' Museum 76th Junior Livestock Show
Sunday through Tuesday, July 7-9, 2024
River Road, Cooperstown. More than 200 youth handlers and 500 animals from a nine-county region will be included in this year's modified shows. The event truly is a celebration of youth in agriculture as it tests the skills of youth handlers ages eight to eighteen who present animals (dairy cattle, beef cattle, swine, dairy goats, meat goats, and sheep of various breeds) that they own, care for, and have prepared for competition.

4-H Poultry Showmanship Clinic
Mon, July 15, 5:30-7:30 p.m.
Schoharie County Fairgrounds Showring. 4-H youth can bring their own animal, animal health requirements will be followed. Sponsored by Little Cluckers 4-H Club. For information: nb622@cornell.edu or 518-234-4303 x117.

Schoharie County 4-H Rabbit Showmanship
July 17th, 6:30-8 p.m.
Schoharie Co. Fairgrounds. Contact the 4-H Office to register by Monday, July 15th, nb622@cornell.edu or 518-234-4303 x117.

Herbs in the Garden
Thursday, July 18, 4:00-5:15 p.m.
Join local herbal educator, Gert Coleman, for a fun and hands-on presentation of the many herbs in the CCESO gardens, both familiar (parsley, basil, rosemary, lavender, rose, lemon verbena, etc.) and new (anise hyssop, rubus, yarrow, capsicum, foxglove, lungwort). Everyone is welcome! Held in the garden at the Cornell Cooperative Extension Education Center, 123 Lake Street, Cooperstown, NY.

All-America Selections Open House
Monday, July 25, 4-6 p.m.
Tour the garden and see new plant varieties that had the distinction of being designated as All-America Selections (AAS). Presented by Otsego Master Gardener Volunteers. Everyone is welcome! Held in the garden at the Cornell Cooperative Extension Education Center, 123 Lake Street, Cooperstown, NY.

Cornell Cooperative Extension Schoharie and Otsego Counties July Board of Directors Meeting
Tuesday, July 23, 2024, 6:30-8:30 p.m.
Meeting is held synchronously at the Extension Center in Cobleskill and at the Education Center in Cooperstown at 6:30 p.m. on the 4th Tuesday of odd months. Meetings are open to the public in person and via Zoom.

Cooking With Kids
Cobleskill: Wednesdays 4:30-5:30 p.m. Six-class series beginning July 24 through September 4, 2024, at the Extension Center, 173 South Grand Street.

Cobleskill: Thursdays 4:30-5:30 p.m. Six-class series beginning July 25 through September 5, 2024 at the Extension Center, 173 South Grand Street.

Cobleskill: Wednesdays 4:30-5:30 p.m. Six-class series beginning September 18 through October 23, 2024 at the Extension Center, 173 South Grand Street.

Gilboa: Thursdays 4:30-5:30 p.m. Six-class series beginning September 19 through October 24, 2024 at the Conesville-Gilboa Fire Department, 1292 NY-990V, Gilboa.

Join us for a six-week series of interactive, hands-on fun. Bring the kids and come prepare a dish with us while learning practical nutrition information you can use at home. This series is free for income-eligible families. Each family will receive a kid's knife set and cookbook upon completing six classes. Registration is required. If interested in upcoming classes, please contact Michelle Leveski at 518-234-4303 ext. 115 or mml39@cornell.edu.

Otsego County Fair, Morris, NY
Tuesday through Sunday, July 30-August 4, 2024
The first day will be an agriculture day featuring harness racing, ag exhibits in the barn areas, open karaoke, vendors, and free admission. The midway will open at 2 p.m. on Wednesday, July 31.

Schoharie County Sunshine Fair, Cobleskill, NY
Tuesday through Sunday, August 6-11, 2024

New York State Fair, Syracuse, NY
August 21-September 2

Cornell Vegetable Varieties Garden Trial and Eastern European Vegetables
Thursday, August 22, 4-6 p.m.
Learn more about this year's Vegetable Varieties Garden Trial. Presented by Otsego Master Gardener Volunteers. Everyone is welcome! Held in the garden at the Cornell Cooperative Extension Education Center, 123 Lake Street, Cooperstown, NY.

Family Farm Day
Saturday, August 24, 2024, 10 a.m.-5 p.m.
Visit participating farms across Schoharie, Otsego, and Delaware Counties! Plan your visit online using the interactive map at FamilyFarmDay.org or pick up the FFD 2024 Farm Guide at your local CCE office or brochure rack. Be sure to bring coolers or insulated grocery bags to take home delicious, local, farm-fresh products purchased throughout the day!

Labor Day (offices closed)
Monday, September 2, 2024

Cornell Cooperative Extension Schoharie and Otsego Counties September Board of Directors Meeting
Tuesday, September 24, 2024, 6:30-8:30 p.m.
Meetings are held synchronously at the Extension Center in Cobleskill and at the Education Center in Cooperstown at 6:30 p.m. on the 4th Tuesday of odd months. Meetings are open to the public in person and via Zoom.

Harvesting and Cover Crops
Thursday, September 26, 4-6 pm.
Join Master Gardener Volunteers for a discussion on harvesting your vegetables, seed saving, and cover crops. Presented by Otsego Master Gardener Volunteers. Everyone is welcome! Held in the garden at the Cornell Cooperative Extension Education Center, 123 Lake Street, Cooperstown, NY.

We're Hiring!

Visit the "employment opportunities" tab at
cceschoharie-otsego.org
for information on current openings, and watch for additional postings in the near future.

SSESO is hiring a Community Energy Educator who will work to inform owners of residential and small business properties of the options for adopting clean energy strategies in their homes and businesses.

Positions in the Nutrition and Agriculture Programs will be posted soon!

Visit our website, cceschoharie-otsego.org, to see additional events not listed.

CCE in Action!

SCHOHARIE-OTSEGO-DELAWARE FAMILY FARM DAY .ORG
★ Cornell Cooperative Extension ★

EFNEP
Expanded Food and Nutrition Education Program

Cornell Climate Stewards

My 4-H Story

ANNIE'S PROJECT
EMPOWERING WOMEN IN AGRICULTURE

Agriculture Program

Grow with Cornell Cooperative Extension
Creating a Place for Learning through Gardening

4-H Afterschool

Garden
Learn
Reflect
Cornell Garden Based Learning

AG ENERGY NY
A Project of Cornell Cooperative Extension

LOCAL FOODS HEALTHY SCHOOLS
FARM TO SCHOOL
Cornell Cooperative Extension Schoharie and Otsego Counties

healthy-connections.us
FOOD · NUTRITION · FITNESS

Here is how you can support CCE outreach:

Making a donation is as simple as going to ***www.cceschoharie-otsego.org*** and clicking this button:

YOUR HELP IS NEEDED
DONATE NOW
GO ONLINE & GIVE

Cornell Cooperative Extension Schoharie and Otsego Counties is a 501(c)(3) non-profit organization. Your contribution is tax deductible to the extent provided by law.

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