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## Cucumber-Mint Infused Water

### Ingredients:

- 8 cups of water
- 1 small cucumber, washed and thinly sliced
- 1/4 cup fresh mint leaves, thoroughly washed

*Makes 8 servings*

### Nutrition Information:

- Calories: 0
- Total Fat: 0g
- Saturated Fat: 0g
- Protein: 0g
- Sodium: 0g
- Carbohydrates: 1g
- Added Sugar: 0g
- Fiber: 0g

### Instructions:

1. Pour 8 cups of water into large water pitcher. Place thin slices of cucumber and mint leaves in the water.
2. Cover, refrigerate and enjoy!

Source: .

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